May 18 - June 2020

OSHER LIFELONG LEARNING INSTITUTE
AT THE UNIVERSITY OF GEORGIA

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Course Listing by Date with Descriptions

5/18/2020  10:30-11:45 AM    Death's Role in Life  $10
Humans’ awareness of death causes potentially debilitating terror we “manage” by embracing cultural worldview giving us a sense that we are valuable persons in a meaningful universe, and thus eligible for literal or symbolic immortality. The quest for immortality underlies some of humankind’s most noble achievements. However, it also engenders some of our most ignominious affectations. This class will consist of evidence in support of these claims and consideration of their implications for personal growth and social progress.
Sheldon Solomon is Professor of Psychology at Skidmore College. His studies of the effects of the uniquely human awareness of death have been supported by the National Science Foundation and Ernest Becker Foundation, and are featured in the award winning documentary film Flight from Death: The Quest for Immortality. He is co-author of In the Wake of 9/11: The Psychology of Terror and The Worm at the Core: On the Role of Death in Life.

5/19/2020  9:00-11:45 AM    Meditative Doodling  $10
This hands-on class draws on newly-popular artforms, such as ZenTangles as well as older traditions such as mandalas. These meditative forms of art can be done in short sessions, making them ideal for today’s busy lives. While the product is less important than the process, the results are often quite pleasing.
Linda Gilbert graduated with a BFA in drawing and painting and worked as a graphic designer for more than a decade. However, she moved on to other work and gradually let her time for art slip away. Through meditative doodling, she found a way to incorporate art into her life once more.

5/20/2020  10:30- 11:45AM    Long Term Care Planning  $10
This class is designed to give a high level view of long term care planning. The hope is to answer common questions about long term care, how to prepare for it, how funding it impacts current assets, and what risks are associated with being unprepared for the potential need for long term care. By the end of the class you should be familiar with different ways to plan for long term care and how they affect retirement assets.
Trecy Kent is a retired US Air Force Master Sergeant, former Economics and History teacher, and current Financial Advisor with Edward Jones. He has a bachelor’s degree in Business Administration, Masters in Secondary Education and an Education Specialist degree in Education Administration. He currently holds a Series 7 General Securities Representative License, the series 66 (Uniform Combined State Law Examination) license, and a Georgia Insurance License.
5/20/2020  1:00–2:15 PM  Taking Athens to 100% Renewable Energy
(4 sessions - May 20, 27; June 3, 10)  $28

On May 21, 2019, the ACC County Commission passed a resolution committing the city of Athens to use 100% renewable energy by 2035. How are we to achieve this ambitious goal? We will approach this challenge in three one-hour sessions: • Getting to 100% renewable electricity • “Megawatts”: upgrading the energy efficiency of buildings • Transportation, food, and material products The fourth session consider the questions left unanswered.

After 35 years teaching Computer Science at UGA, Dan Everett is now devoting his time to the climate crisis. His major project is helping to build the plan to take Athens to 100% renewable energy.

5/21/2020  10:00–11:15AM  When to Panic and What to do When the Stock Market Crashes  $10

The longest period of stock market growth in US history just ended – spectacularly. In this session, we’ll discuss the history of stock market crashes, why the stock market crashes, and how those crashes affect investors of different ages. We’ll cover the “do’s and don’ts” of managing during a stock market crash and why so many people behave counterproductively. We’ll conclude by looking forward and discussing strategies for inoculating ourselves from future stock market crashes.

Matt Goren, PhD, is an Assistant Professor of Financial Planning at The American College of Financial Services. Goren is an acclaimed teacher and speaker who focuses on the interplay of personal finance and psychology. His personal finance radio show and podcast Nothing Funny About Money was named 2018’s most outstanding consumer financial information resource by the AFCPE. He has created and expanded financial literacy programs that now help thousands of students — from children to seniors.

5/22/2020  9:00–10:15AM  U.S. Global Engagement and the Military  $10

This class examines the role of the U.S. military in the country’s international engagement. What will this engagement look like in the future? Will the U.S. retreat from its position of global leadership? Or will it push forward with the internationalist approach it has maintained since the end of World War II? How will the military affect this decision, and how will the military be affected by it?

Dr. Justin Conrad is the Gary K. Bertsch Director of the Center for International Trade and Security and Associate Professor of International Affairs. His research focuses on international security issues, including terrorism and interstate conflict, and has been funded by the National Science Foundation and the Department of Defense. He is author of Gambling and War: Risk, Reward, and Chance in International Conflict. Dr. Conrad has appeared in a variety of international media outlets.

5/22/2020  9:00–11:00 AM  Dr. Jekyll and Mr. Hyde
(4 sessions - May 22, 29; June 5, 12)  $28

Join us as we explore Robert Louis Stevenson’s horror classic based on an infamous Edinburgh Judge. Class discussion will compare the historical people and events that inspired the novel to their fictionalized counterparts; as well as the morality of scientific discovery, genetics, forensics, and human evil. Two contrasting film versions will be shown and discussed. One the 1931 Academy Award Winner and the other a modern adaptation with Glen Close and Julia Roberts. ISBN: 9781593081317

Lorien Campbell graduated GCsu in 2012 with a MAT in English Language Arts, Reading, and History; a BA in Creative Writing and a background in English Lit. This is her 13th class as an OLLI instructor. Other OLLI classes she has taught include: Wuthering Heights; Jane Eyre; Pride and Prejudice; Persuasion; Sense and Sensibility, Mansfield Park; Sherlock Holmes; Poirot; Miss Marple; Cadfael; Lord Peter Wimsey; The Great Gatsby; Midsummer Night’s Dream; and Dracula.

5/26/2020  11:30–1:00PM  In Search of Healing: The Baldwin Hall Controversy  $10

(Originally offered as a luncheon)

Southern universities that were in existence before the Civil War were invariably built by enslaved people. And so it was that the origins of UGA were also bound up with the institution of slavery. Fred Smith Sr. will relate the painful events unfolding after the discovery of human remains during the renovation of Baldwin Hall in 2015. The story involves an ongoing and complex controversy among community members, various UGA faculty members, and the UGA administration. What steps have been and are being taken to promote healing and to honor those likely ancestors of current African American citizens of Athens? What remains to be done?

Fred Smith Sr. is co-chair of the Athens Area Black History Committee and a leader and activist in the Athens African American community. Smith was studying journalism at UGA in 1978 when he learned about the unmarked graves of enslaved African Americans buried under Baldwin Hall on campus. Ever since, he has been searching for answers about the remains of those people, some of whom he believes are likely his ancestors.
### Your Spiritual Metaphysical Self

If you have been curious about your soul’s journey, the law of attraction, the gift of clairvoyance, or dreams or past lives, this presentation will answer many of your questions. Here the esoteric is transformed into ordinary living at its best. This presentation introduces participants to the metaphysical spiritual body of knowledge that affects each one of us. Many believe we are spiritual beings having a human experience.

**Sharon Carty** is an experienced spiritual counselor. Her heritage is Irish and one-quarter Apache Indian. While living in St. Augustine, Florida, she hosted a weekly spiritual metaphysical live call-in talk radio show. While in St. Louis, she wrote a monthly column similar to “Dear Abby” in Spirit Seeker magazine.

### 2020: Presidential Primaries and the General Election

These classes will focus on developments in the 2020 presidential primaries and the upcoming general election campaign. They will focus on several inter-related aspects of campaigns: media, polls, delegates, debates and the Electoral College. Recent and current campaign developments will be discussed in a historical context and in terms of implications for the general election. No materials or text are required.

**Dr. Paul-Henri Gurian** is an associate professor of Political Science. He has been teaching and doing research on campaign politics for thirty years at UGA. His specialty is presidential campaigns.

### Retirement and Self-Actualization: Why not go for it?

There is a lot more to successful retirement than good physical health. For instance, did you know we are each born with an instinctual need to actualize our potential in life? Abraham Maslow called this the “Self-Actualizing Tendency,” certain spiritual traditions call it the “Enlightenment Drive,” Viktor Frankl believed this drive represents a search for meaning and purpose, while other theorists have described this desire to constantly improve ourselves as a need for perfection. This class will explore what self-actualization is, and how self-actualization or enlightenment might become a formal practice for those retirees who want to “go for it.”

**Dudley Tower**, PhD, has been teaching successful aging, psychology, and personal growth courses at OLLI’s Furman University campus since 2004. He has been teaching the Dynamic Aging Program (DAP) for the past five years and is founder of the Dynamic Aging Institute. Christine Tower, MBA, will assist with this course.

### The Faces of Entrepreneurs are Changing

When you think of an entrepreneur you more than likely think of a young person. However, there are more people over the age of 50 starting businesses than young people. Wendy’s presentation will talk about why this is happening, what older entrepreneurs have to offer as well as the challenges they face. The presentation will also highlight entrepreneurs who have started their business later in life.

**Wendy Mayhew** has 40 years of business experience and is the author of Building Your Dream, a higher education textbook on entrepreneurship. As a professional advocate for and supporter of older entrepreneurs, Wendy was surprised to learn that there wasn’t a guide for the fastest growing group of new entrepreneurs in the world—people over the age of 50. That’s when the idea of WISER: The Definitive Guide to Starting a Business after the Age of 50 was born.

### Way to Go! A Well Planned Exit

Nobody lives forever, and you are not going to be the exception. Are you concerned about leaving your heirs and executor a random mess of paperwork, multiple wills, missing passwords, and mysterious financial accounts? Then you’re the target audience for this class! We’ll take a light-hearted look at how to prepare for the inevitable: By the end of class, you’ll have a roadmap to ensure that those responsible for tidying up after you aren’t left with an ugly, expensive “tornado in a junkyard” mess to clean up. Get organized now for stress-free enjoyment of the rest of your retirement! Recommended text: Get It Together: Organize Your Records So Your Family Won’t Have To, Eighth Edition, Melanie Cullen and Shae Irving J.D., ISBN-13: 978-1413325669

**Chuck Murphy** has been an OLLI member since 2007 and is a veteran OLLI presenter. He plans to live well and live long, and then leave his heirs and executor with a short, simple “to-do” list to wrap up any remaining loose ends.
6/8/2020 10:30–11:45 AM  **Nonviolent Communication: An Introduction**  
**John Lash** began studying conflict transformation, nonviolent communication, and restorative justice while serving a life sentence for murder he was given at the age of eighteen. After nearly twenty-five years he was released. He earned an MS in conflict management from Kennesaw State University in 2012 and has been the Executive Director of Georgia Conflict Center since 2013. He applies his hard-won knowledge of violence and conflict to his work in Athens and beyond.

6/9/2020 10:30–11:45 AM  **The Real World of Journalism Now**  
This course will look at how the news you watch and read is produced, who owns what, and what its concerns are. It will consider the differences in audience, distribution, ethics, and corporate structure for journalism traditionally, and what it is now. It will also deal with international journalism and its migration over the last couple of decades.  
**David Hazinski** holds a Bachelors Degree from Duquesne University in Journalism and a Masters Degree from the University of Pittsburgh in Educational Communications and Technology. He has lead UGA’s digital journalism program for 30 years. He is a former NBC News correspondent and helped to launch 13 news networks around the world. Hazinski believes technological innovation must be married to training and a solid editorial foundation.

6/10/2020 10:00–11:15 AM  **Editing with Photos for Mac**  
2 Sessions: June 11 & 12  
Are you struggling to manage chaos in your photo library? Apple’s Photos for Mac (formerly “iPhoto”) is a free organizing and editing software for the Mac laptop or iMac computer. Students will learn file organization tips from a seasoned photographer and how to organize thousands of images for rapid retrieval. Students will also learn the basic steps of making adjustments to images and exporting for use in other projects. Experience is not required, this is a good overview course to take if you already have Photos for Mac or iPhoto installed and would like a little hands-on experience.  
**Gary Whiting** is a freelance wildlife and landscape photographer, instructor, and former Fortune 500 marketing executive. A dedicated film photographer since age 12 and now a complete digital convert, his vision is to capture uncommon moments that create unique works of art. Recently retired to Athens from St Johns, FL, Gary was instrumental in building the photography curriculum in the OLLI program at UNF, having taught over 45 classes and 500+ students over 6 years.

6/15/2020 1:00–2:15 PM  **Your Aging Years: Top Ten Thing to Know NOW**  
We will explore techniques for tackling the following hot topics in your aging years: Aging attitude- positive attitude, positive outcomes Paying for long-term care- nothing good in life is free End of life- be specific about your wishes Aging in place- steps needed to create an age-friendly home Dementia- the D-word Proactive aging- thinking ahead Interacting with healthcare providers- active communication with your medical team Navigating difficult decisions- considering the three Ss- Safety, Security & Socialization Family- traversing family dynamics Caregiving- how to prepare, what to have in place By the end of this presentation, you will have: Examined your attitudes about aging Consider ten facts about aging Developed a plan for yourself or a loved one  
**Sheila Collins** has been an Advanced Professional Member of the Aging Life Care™ Association since 2011 & is Care Manager Certified through the National Academy of Certified Care Managers. She?has been in the field of geriatric care management for over ten years and has been working with Abridge Aging Life Care Management since 2019. Her career in health care began at The Johns Hopkins Hospital in 1991. She specializes in dementia care.  
**Abbie Vogt** has been a certified Advanced Professional of the Aging Life Care™ Association since 2013 & is Care Manager Certified through the National Academy of Certified Care Managers. She began her career working as a caregiver for the elderly & other-abled in her teens. Since then, her professional experience?in the field of aging services has placed her in numerous settings, including hospice, assisted living, dementia care, non-profit and home care administration. Abbie has direct experience advocating for individuals with various forms of dementia, TBI, spinal cord injury, COPD, diabetes, vision loss, mental health issues, Huntington’s disease, parkinsonisms, multiple sclerosis, cerebral palsy?and other various?movement disorders.
For all of human history our health has been challenged by pathogens. Bacteria and viruses are everywhere and occasionally a new one emerges that humanity has no natural ability to resist. The virus that causes COVID-19 is one such virus, having recently made the jump from bats to humans is has been seeping through a naive population of nearly eight billion of us. This talk will discuss the basics of the human immune system, describes how viruses evolve, and how the development of vaccines is our best defense against them.

**Mark Farmer** is a professor of Cellular Biology at UGA. He has authored a number of publications in the area of evolutionary biology and writes op-ed pieces for the Athens Banner Herald as well as Scientific American. He and his family live in Winterville Georgia where he has served on the City Council.

The church of St Andrew Holborn sits on the edge of the City of London. The earliest records of a building at the site is a charter from the time of Edward the Confessor (1042-1066), though Roman pottery was found on the site and the building has been witness to some of the most crucial moments in London’s history including the Black Death, the Great Fire in 1666, and the Blitz in 1940. Come and find out about the people and events who have shaped a unique place in the great City of London.

**Tim Meehan** became Executive Director in 2017, having spent ten years developing the non-profits and businesses associated with St Andrew Holborn in London, England. Born in Coventry, England he read Classics (Greek and Latin) at King’s College, London gaining both a Bachelor’s and Master’s.

Dr. Shepherd – an expert on climate change – will discuss how cities affect the weather and climate. Dr. Shepherd explores the fascinating ways that urban spaces affect heat, biochemical and water cycles, rainfall, storms, and even the climate systems. He has been recognized by the White House and by the American Meteorological Society for his work on urban climate.

**J. Marshall Shepherd** is the Georgia Athletic Association Distinguished Professor of Geography and Atmospheric Sciences, Director of the UGA Atmospheric Sciences Program, and Associate Head of the Geography Department. Shepherd served for 12 years as Deputy Project Scientist for the Global Precipitation Measurement mission at NASA-Goddard Space Flight Center. He regularly contributes to Forbes and frequently advises key leaders at NASA, in Congress, and the Department of Defense.

If you registered for any of these classes before they became online classes, then you do not need to register again. This includes luncheons where the luncheon part of your fee will be credited to your account.

Classes outlined in red are new to this catalog, classes outlined in green have been added to our catalog during April.