

The OLLI TIMES

Volume 9, Number 1, September 2011

LET THE SEMESTER BEGIN!

By the time you get this newsletter, the fall semester will in fact have begun. There have been several administrative policy changes this semester. First, OLLI officials have adopted “modified online registration.” This means that that you still submit membership and class materials in person or by U.S. mail, but OLLI staff administratively registers all members online. Second, you are now able to pay not only by check but also by credit card (Mastercard, Visa, Discover). In fact, credit card payments are easier to process. Third, if you have an email address, you will receive your confirmation by email rather than U.S. mail. Parking permits, however, will be mailed as usual. If you have found a course you want to take but haven’t registered yet, you can still sign up for it; there is just a greater chance that the course(s) you want may be filled.

OLLI classes began this fall on September 19th. However, the event that really gets the semester rolling is the Back to Class Bash. At this event, members socialize and learn about OLLI@UGA’s current Special Interest Groups, travel opportunities, and committees. This fall, the Bash was held at Central Presbyterian Church on September 15 from 9:30 to 11:30. More pictures of the Fall 2011 Bash will be published in the October newsletter.

OLLI thanks BB&T for being the corporate sponsor.



Katy and Zu pause in processing registration forms to smile for the camera.

Photo by Pat McAlexander



Greeters Jane Kradel and Lois Alworth at the Back to Class Bash.

Photo by Chuck Murphy

OLLI on Facebook and Twitter AMY MUNNELL BECOMES OLLI COORDINATOR FOR SOCIAL MEDIA

by Betty Jean Craige

Athens writer Amy Munnell has accepted the new position of Coordinator of Social Media for OLLI. She had served as OLLI’s registrar between 2003 and 2011. In her new position Amy will maintain an OLLI Facebook page—OLLI@UGA (Official)—and an OLLI Twitter account. She may also write and edit postings on the website and contribute to the OLLI newsletter. She has already started mini-blogging on OLLI’s Facebook page, and she hopes to start a blog on the OLLI website soon.



Amy Munnell

Twice a day Amy posts announcements, photographs, and polls on the Facebook page, and she encourages OLLI members to do the same. Her purpose is to promote special interest groups—for hiking, playing bridge, cultivating bonsai, etc.—and to inform OLLI members of all the intellectual and cultural opportunities OLLI offers.

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Mac Rawson

PRESIDENT'S NOTE:

Dear OLLI Members,

A new year is underway for OLLI@UGA, and it promises to be exciting and eventful. This is the year that OLLI@UGA applies for the \$1,000,000 ENDOWMENT. The timeline goes like this. Program Director Katy Crapo writes the application during September and submits it to the Board of Directors on October 19. Ron Cervero then shepherds it through the University system and submits it to the Bernard

Osher Foundation. If all goes well, the Osher Foundation Board will approve the endowment in December and the Osher Foundation will present a check to OLLI@UGA, The University of Georgia, and the UGA Foundation in January or February 2012.

The Osher Foundation endowment will help bring long-term stability to OLLI@UGA. The money will be invested by the UGA Foundation, and only the income from the \$1,000,000 will be used. It will provide part of the salary and benefits for the OLLI@UGA Staff. The UGA Foundation currently pays back 4.5% (\$45,000 per million dollars annually) on endowed funds. So if OLLI gets the million-dollar endowment, we will ironically have less money to spend per year than we did when Osher gave us the \$100,000 GRANTS. A \$50,000 transition grant from the Osher Foundation is expected to help us through this first year while the endowment accumulates earnings. NOT A DIME OF THE PRINCIPAL OF THE OSHER ENDOWMENT WILL EVER BE SPENT.

Innovations in technology are also moving forward for OLLI@UGA. For the first time this fall your written registration forms were used in administrative online registration to work out the glitches in the online system. Although we have not abandoned checks, the new registration system allows the use of Visa, MasterCard and Discover credit cards. In the Winter/Spring registration, you will register online or with the help of staff and volunteers. Chuck Murphy, Katy Crapo, Nancy Canolty and Zu Reuter have spent innumerable hours on the transition to online registration. The new system will be accessible through our website and will include an OLLI@UGA Online Store. Another innovation is the financial system. Treasurer John Songster is instituting accounting procedures and computer programs that will place

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The OLLI Times

Editor: Pat McAlexander

Consultants: Katy Crapo, Mac Rawson

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Graphic Designer: Troy Bassett

The OLLI Times is published six times a year, in September, October, January/February, March, April, and June, with news about OLLI, its members, and OLLI events. Address questions, suggestions, and submissions to patmcalex@gmail.com. The deadline for October submissions is Tuesday, October 4. We appreciate the many OLLI members who contribute to the newsletter.

OLLI @ UGA

"Having the time of our lives with OLLI@UGA"

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Zu Reuter - Administrative Assistant

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John Songster - Treasurer

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Registration: Nancy Canolty, Carol Gogstad

Special Interest Groups: Carolyn Abney

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Travel/Study: Joan Zitzelman

Volunteer Coordinator: Ann Darby

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Amy Munnell is a remarkable woman. A freelance writer for nearly twenty-five years, she has published essays in *Athens Magazine*, *Georgia Magazine*, *ByLine*, *Points North*, and *Writers Digest*, as well as the anthologies *Chocolate for a Woman's Soul*, *Chocolate for a Woman's Dream*, *Chocolate for a Woman's Blessings*, *Saying Goodbye*, and *From the Heart*. She is currently Co-President of the Southeastern Writers Association.

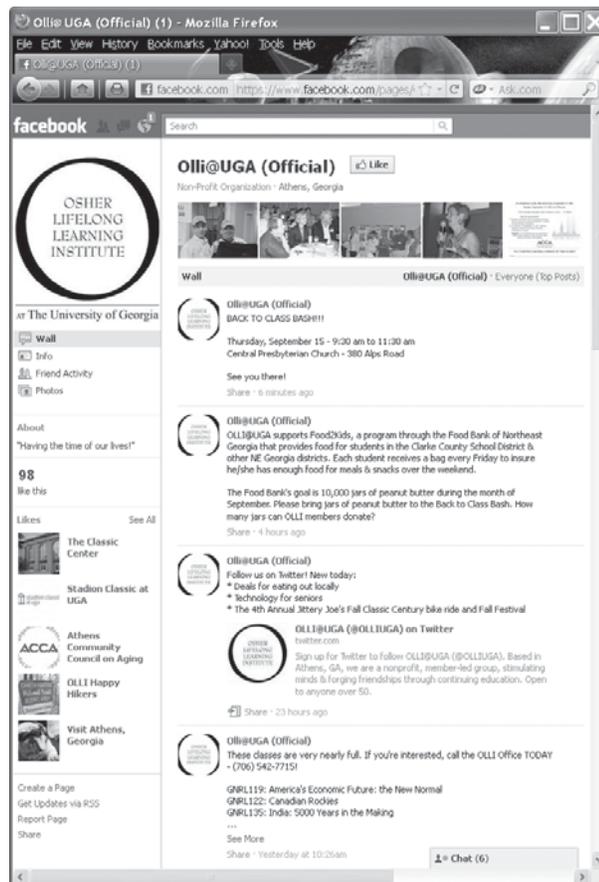
Amy has also contributed to the magazine *Careers & the disABLED*. She uses a wheelchair herself, and she lives with her second service dog, MaGee, whom she acquired this summer. Amy lost her first service dog, her beloved Kia, with whom she had lived for twelve years, in 2009. MaGee was trained by Canine Partners for Life, a non-profit organization in Cochranville, Pennsylvania, that trains dogs to assist individuals with disabilities. As a puppy, MaGee went first to a prison, where she developed her social skills in one of the many prison-based programs to prepare dogs to be service animals. Then, at the age of one, she went to the CPL facilities for specialization in retrieving, opening doors, turning on light switches, and generally helping the individual with whom she would be paired. At the end of her second year MaGee met Amy.

This summer Amy went to Pennsylvania to learn from the CPL trainers what MaGee already knew and how to train her to do new things. She and MaGee are still in the process of bonding with each other. You can read about their relationship in Amy's blog *MaGee and Me*.

Amy and her writing partner Sheila Hudson teach workshops and classes in non-fiction. Amy's dream job would be to have a regular book-review column in a newspaper or a magazine, ideally syndicated.

Even if you are not on Facebook, you can check out OLLI's Facebook page at <http://on.fb.me/olli-uga>, but you won't be able to make comments. If you have a Facebook page, in the search box type in: OLLI@UGA (Official). We are also on Twitter. Our Twitter page is <http://twitter.com/OLLIUGA>. (Note there is no @ in the address.)

OLLI is now on Facebook.



Important Notice

Katy and Zu have temporarily moved to RC 140 while the building's renovations are being completed.

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our finances on a sound professional basis. Amy Munnell also has created OLLI@UGA Facebook page. We will continue to implement technological applications that are appropriate for our mission.

Finally, OLLI@UGA is a volunteer organization. VOLUNTEERS ARE NEEDED! They are the backbone of our programs, and without volunteers OLLI@UGA would not exist. Course instructors and facilitators carry out the educational program, hosts make the social functions enjoyable, and the Committees and Board of Directors carry on the essential leadership roles of the organization. WE NEED YOU TOO. Find your place to volunteer!

Mac

DEFINITIONS

Endowment:

A financial asset donation made to a non-profit group or institution in the form of investment funds or other property that has a stated purpose at the bequest of the donor. Most endowments are designed to keep the principal amount intact while using the investment income from dividends for charitable efforts.

www.investopedia.com

Grant:

Financial assistance that does not require repayment.

www.gprc.ab.ca/about/glossary

NEWS FROM SPRING & SUMMER 2011

SOCIAL and CLASS EVENTS

JUNE 22 1:30-3:30—VOLUNTEERS ROCK! “Volunteers Rock,” organized by Carly Lutsky (as she recovered from foot surgery!) evoked a true 1950s’ atmosphere. Music like Patsy Cline’s “I’m Sorry” in the background and large cardboard cutouts of juke boxes, soda fountains, and vintage cars created the mood. Many members wore period dress (leather jackets, a felt skirt appliquéd with a poodle, blue jeans and checkered shirts) and 1950s’ hairdos (pony tails, for the women, of course—while Terry Caven and Barry Lutsky each sported a wig of thick black hair (Elvis Presley-like but curly).

Between periods of animated socializing, there was a program. Anita Brannen recounted all that volunteers do for OLLI and pointed out volunteers who were present; Carly handed out door prizes; and President-elect Mac Rawson, OLLI Director Katy Crapo, and Member Services Chair Nancy Songster all said a few words. Of course there were the refreshments, reminiscent of the 1950s’ “Make Your Own Sundae” chain as members selected sauces, Oreo pieces, and other toppings to put on their generous scoop of chocolate or vanilla ice cream.

—Pat McAlexander



A black-haired Terry Caven makes his sundae.



Carly Lutsky (note poodle skirt) and friend.

Photos
by
Bill Flatt



Barry and Carly Lutsky: Teenages in Love.



JULY 7—GEOLOGY OF THE MOON OPEN HOUSE. This evening event at River’s Crossing was organized by Dr. David Dallmeyer in conjunction with his class on the geology of the moon. In class Dr. Dallmeyer discussed the importance of the moon in the early development of the earth—particularly how the rotation and angle of the earth’s rotation were the result of a collision with moon over four billion years ago. He further explained that the superficial layer of the moon (regolith) consists mostly of fine material produced by bombardment by meteors and the material ejected by the moon’s volcanoes (now craters). The ages of the rocks Apollo astronauts took during their six moon landings show that most of the meteoric bombardment occurred over three billion years ago. Although it is hard to believe, the earth, which was similarly bombarded, once looked the way the moon does today.

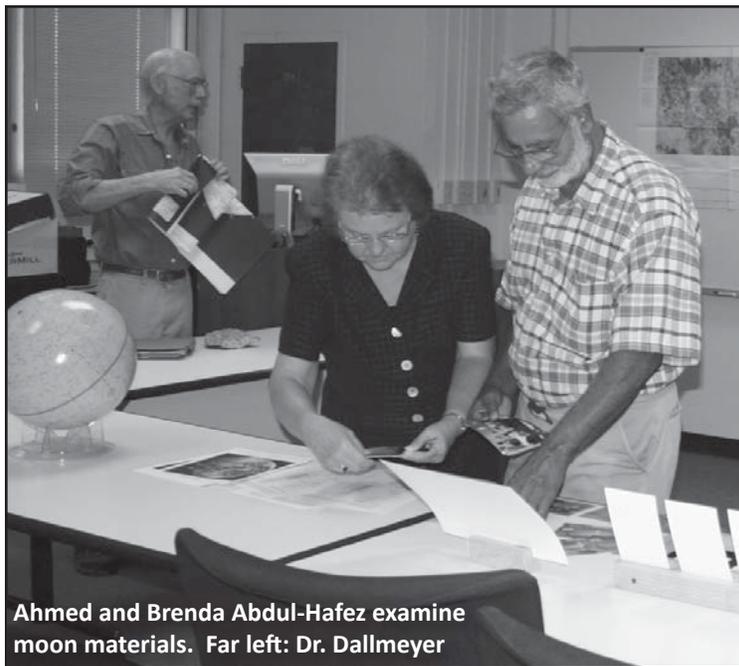
At the Open House, OLLI members and guests looked at maps and slides of the moon, perused books about the moon, and examined samples of the astronauts’ moon rocks, borrowed from NASA. Thin-slide sections of some of these rocks were viewed through polarizing-light microscopes, which showed their mineral make-up (plagioclase feldspar, pyroxene, olivine, and ilmenite). Looking at these rocks gave us a tangible sense of the amazing creation of the solar system.

—Parley Winger contributed to this article

AUGUST 12—NEWBEES ORIENTATION. About 50 new OLLI members, those who had joined within the last two years, attended this event, where they had the opportunity to socialize, pick up information about OLLI, and hear presentations on various aspects of the organization, including its classes, travel opportunities, and special interest groups.



June Mazur looks at moon rocks through microscope.
 Photo by Pat McAlexander



Ahmed and Brenda Abdul-Hafez examine moon materials. Far left: Dr. Dallmeyer

Photo by Bill Flatt

NEWS FROM SPRING & SUMMER 2011

HAPPY HIKERS ACTIVITIES

Jeff Engel, who led the two excursions described below, sent us the information on those excursions and the pictures, all taken by him except for the one in which he appears (that was taken by an Athens Kayaking staffer).

JUNE 17—HIKING ON PANTHER CREEK. Happy Hikers Tanna Nicholson, Albert Long, Ruth Adams, Sandra Fortson, Camilla Mims, and Kathy Smith, with excursion leader Jeff Engel and his wife Becky, hiked Panther Creek trail for 3 ½ miles to Panther Creek Falls. Along the way were wildflowers and the stream, which varied from placid to cascading. At the end of the trail was an impressive falls with a pool at the bottom.



OLLI hikers at Panther Creek

JULY 8—KAYAKING ON THE OCONEE. Jeff Engel led a group of eleven (Marie Abercrombie, Penny Adams, Elizabeth Barton, Jeanette Bowers, Cathy Hafner, Bob and Julie Sanks, Pat Schlotzhauer, Loretta White, and Becky Engel) on an Athens Kayaking excursion on the Oconee River. The day was moderately hot, and although most of the river was smooth and placid with beautiful forest scenery, there were, due to the low water level, a few sets of shoals where it took good boat control to get through without getting stuck. Jeff gives much appreciation to his wife Becky, who paddled "sweep"—the last in line—and gave help to anyone who needed it. The water was a comfortable temperature, so swimming and wading were pleasant.



OLLI kayakers ready for the Oconee; leader Jeff Engel (with beard) in middle



OLLI kayakers on the Oconee



An OLLI (Elizabeth Barton) on the rocks

NEW SIG: THE OLLI DOO WOP FOLK SINGERS

As you may have read in the fall course book or at the Back-to-Class Bash, songwriter/musician Charlotte “Chip” McDaniel wants to form a singing group SIG, the OLLI Doo Wop Folk Singers. Chip writes, “I played a ukelele all during high school and college—playing songs like ‘That’ll Be the Day,’ ‘Sh-Boom,’ and ‘Blue Suede Shoes’ for classmates to sing along to. Later, I got a guitar and learned ‘This Land Is Your Land,’ ‘Where Have All the Flowers Gone?’ and ‘If I Had A Hammer.’ I am hoping to find some more folks who remember the songs of the 50s and 60s.” She would like the group to sing the favorite Golden Oldie of each member, plus two new songs she is writing, “We’re Having the Time of Our Lives” and “Wake Up And Smell the Sunshine.”

She hopes the OLLI Doo Wops could perform at some of the OLLI socials and also prepare for a mini-concert/sing-a-long for the 2013 OLLI Regional Conference to be held in Athens. They will meet once a month at the Unitarian Universalist Fellowship of Athens at 780 Timothy Road (time and dates to be announced). At least eight people are needed for the group.

Chip has written over 50 songs and is a member of the American Society of Composers, Authors and Publishers. For more information or to sign up, contact her at chip.silentdreams@gmail.com or 706-549-2898. See a complete listing of OLLI Special Interest Groups in the fall course book pp. 36-37.



Chip at Volunteers Rock!

Photo by Bill Flatt

Featured OLLI Committee: MEMBER SERVICES

The Member Services Committee offers you many ways to meet other members, contribute to OLLI’s ongoing activities and have great fun doing so! Remember our motto “Having the time of our lives with OLLI@UGA”? We do!

Member Services Committee is responsible for organizing the membership meetings, Newbee orientations, and social events for the members of OLLI@UGA. It takes a large committee to accomplish our goals. But not every committee member works on every event. Part of the committee meets monthly and plans the events; other committee members volunteer only for specific tasks, such as being a greeter (the welcoming person at the door for each event). Greeting is a great job for a new member because you meet everyone!

Other specific volunteer opportunities include placing the

decorations, checking off the names at the reservation table, giving each guest a name tag, being responsible for a specific activity at the event, and other small tasks that must be done to create a successful social or meeting event. The committee always needs more volunteers.

The committee members who like to plan the events meet the second Monday of each month at the chair’s home and brainstorm ideas for future events, finalize plans for the most current events, and discuss other opportunities for the committee to serve the OLLI members. These are lively meetings full of laughter and idea sharing. New committee members are always welcome. Meeting the needs of our membership led to the Lunch Bunch, now a Special Interest Group that meets monthly for lunch at local restaurants, and to the Holiday Luncheons, which meet on or near holidays, usually monthly, and are open to all OLLI members and their guests.

Join the Member Services Committee by contacting Nancy Songster, chair, at 706-548-8181 or njsongster@charter.net.

OLLI Travel

PREVIOUS OLLI TRIPS (SPRING 2011)

MAY 26: ATLANTA BOTANICAL GARDENS. Eleven OLLI members carpooled to the Atlanta Botanical Gardens and the High Museum. The sunny, mild weather was perfect for the Botanical Garden. Members walked the skywalk, followed woody trails, strolled through formal gardens, and looked at the vegetables in the “edible garden.” In the afternoon at the Museum, a highlight was an address to the group given by Brett Abbott, newly appointed curator of photography, about the special exhibit of photographs by Henri Cartier-Bresson.



OLLI members at Atlanta Botanical Gardens

Photo by Bill Alworth



Erika Lewis and garden friend

Photo by Pat McAlexander

JUNE 7: MORRIS MUSEUM, AUGUSTA. Twenty-five OLLI members visited the Morris Museum in Augusta to see an exhibit of Philip Juras's landscape paintings, many of them of views William Bartram might have seen during his travels through Georgia in the 1770s. The excursion was led by the artist, Philip Juras, and Dorinda Dallmeyer, editor of the anthology *Bartram's Living Legacy* (Mercer University Press, 2010).

Philip Juras discusses one of his paintings



Photo by Pat McAlexander

Advance Notice

FALL 2012: CHINA'S SPIRITUAL HERITAGE

Tour Coordinator: Tom Wittenberg

Dates: September 17-30, 2012

Cost: \$3,940 plus roundtrip international airfare to Shanghai (\$500 non-refundable deposit required with registration)

Registration deadline: January 15, 2012

Contact person: Tom Wittenberg (tomdtom1@aol.com or 706-208-8037)

This trip to southwestern China will focus on China's spiritual roots. It includes Taoist temples and monasteries in the sacred Wudang Shan Mountain Range; the city of Lijiang, reputedly James Hilton's inspiration for his novel *Lost Horizon*; and the sacred waters of “Dragon Spring” at Tiger Leaping Gorge. The itinerary also includes stunning natural scenery—high mountains, deep valleys, broad plateaus, tropical rainforests, alpine meadows, and towering pine forests. Travel will be by train, domestic plane, and van, car, or bus. The trip is limited to 20 people. There will be a more detailed article on this trip in the October newsletter.

Tom Wittenberg has traveled to China twice and has taught Tai Chi courses for OLLI. He will hold an informational session on this trip November 21 at 5:30 in the Brick Room of the Depot at Athens Community Council on Aging, 135 Hoyt Street.

JUNE 9: MOUNTAIN WINERIES. A group of twenty-eight took the OLLI motorcoach tour of Georgia wineries in the Dahlonega, GA, area. This trip, arranged by Joan Zitzelman, combined the pleasures of wine, lunch, and vineyard vistas with the surprise of a dramatic mountain thunderstorm.—Bill Alworth, Pat McAlexander



Lunch at Blackstock Vineyards (Photo by Bill Alworth)



Anita Brannen on the wine tour (Photo by Alexis Winger)

TRAVEL OPPORTUNITIES – FALL 2011

Many trips are in conjunction with OLLI classes, but unless it is stated to the contrary, anyone can go on the trips. For **each** trip that you wish to participate in, fill out a **separate reservation form**. There is one below to clip, photocopy, or use as a model; or you can download a form from the OLLI website under the “About Us” section. **Be sure to include the number of the cell phone you will have with you on the trip and to have the cell phone number of the tour coordinator or contact person with you on the trip.** You will be given this number with trip confirmation information. Watch for updates on your trip.

Mail the form(s) with your check made out to OLLI@UGA to **Katy Crapo, River’s Crossing, 850 College Station Road, Athens, GA 30602-4811** or hand-deliver the materials to Zu. If you are registering for more than one trip, you can write one check for the total due.

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OLLI TRIP RESERVATION FORM

Trip _____

Name (s) _____

Address _____

Home Phone # _____ # of Cell Phone you will have with you _____

Email _____

For overnight trips, please mark the appropriate statement with X.

_____ I will share a room with (fill in name) _____ (if only one name listed above).

_____ I would like an individual room.

_____ I am willing to take an individual room, but if possible, pair me with someone.

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BARTRAM'S GEORGIA

(Deadline extended; one-day option now available)

Tour Coordinator: Dorinda Dallmeyer

Dates: Thursday, October 13—Sites in Northeast Georgia

Friday, October 14—Sites in Macon and middle-Georgia

Cost: \$75 for both days, \$40 for one day

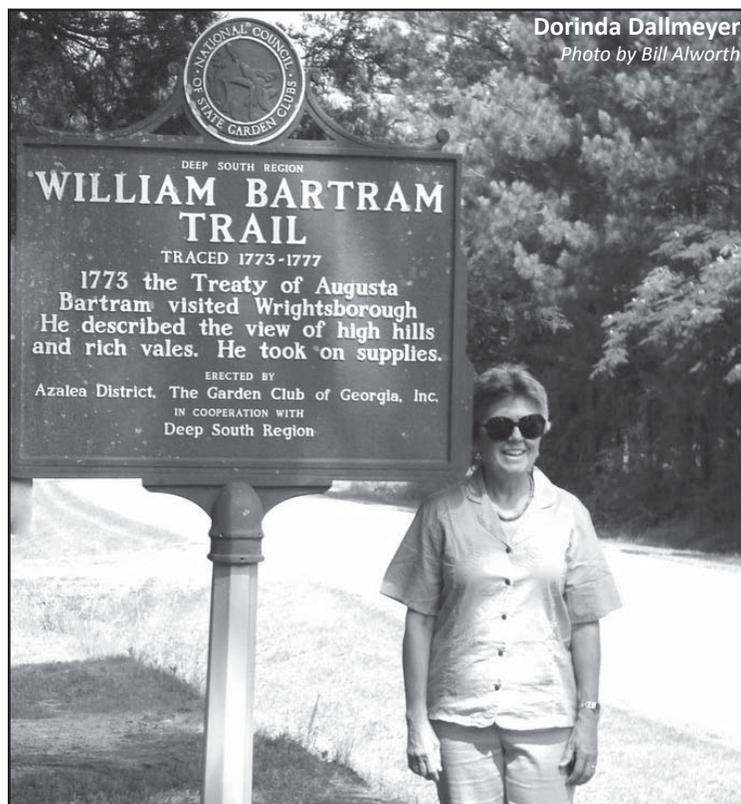
Registration deadline: Extended to Tuesday, October 4th

Contact person: Joan Zitzelman

(jzitzel@bellsouth.net or 706-546-6345, 706-5501)

As described in the Fall OLLI coursebook (p. 11), this trip is to Georgia sites that William Bartram described in his historic 1791 *Travels*. The trip includes two separate day-excursions: on Thursday, October 13 to Northeast Georgia and on Friday October 14 to Macon and middle Georgia. Due to the late date of mailing the course book, the deadline to register has been extended to October 1. The cost for both days is \$75 (as announced); but it has been decided to allow people to register for just one day, either October 13 or 14, for \$40.

On both days the van will leave promptly at 9:00 a.m. from the parking lot of the Athens Community Council on Aging at 135 Hoyt Street. On October 13 the van will return to the ACCA parking lot by 3:00 p.m., and on October 14 the van will return by 5:00 p.m.. You must be able to get in and out of a van, walk up to 300 feet, and stand for an hour at a time. As announced in the coursebook, the fees include the van rental costs, a box lunch, and the field guidebook. Space on the van is limited and participants will be accepted on a first-come-first- served basis, so, despite the extension of the deadline, interested individuals are urged to get their registrations in soon. Registration is limited to 30 people.



Dorinda Dallmeyer
Photo by Bill Alworth

ATHENS AREA WATER RESOURCES

Tour Coordinator: David Wenner

Date: October 20, 2011 (rain date October 21)

Cost: \$30

Registration deadline: October 1

Contact person: David Wenner

(dwenner@uga.edu, 706-769-6036)

This day trip, organized by Dr. David Wenner, retired professor of Geology at UGA, will take us by van to various field sites around Athens that illustrate local water pollution issues and supply problems. We will meet in the parking lot of the Athens Community Council on Aging, 135 Hoyt Street (time TBA). Participants will need to get in and out of vans and, at several sites, walk up to one mile on roadways and trails.

The tour will begin at Bear Creek Reservoir, where Dr. Wenner will explain the process of water delivery from the Middle Oconee to the reservoir, the impact this has on the river, dam construction and operation, and water treatment and distribution. The next stop will be Ben Burton Park, where we will learn about an oil spill and sewage leaks on Hunnicutt Creek, how the creek and adjacent communities were impacted, and how long it took the creek to be restored. Third, we will visit the site of the recent J.J. Chemical spill on Trail Creek. Ben Emanuel from the Altamaha Riverkeeper organization will meet us there to tell us how the event occurred, the impact the spill has had on the creek, and how the creek is being restored.

After a lunch stop in east Athens (lunch is on your own), we will go to the State Botanical Garden and hike about a mile along the Orange Trail Creek, where Dr. Wenner will tell us about nitrate pollution originating from the UGA Swine Farm lagoons on South Milledge and the restoration efforts underway here. Finally, we will visit a site of an old toxic waste dump in the Gardens where current remediation efforts are underway to deal with the resulting groundwater contamination. This trip will raise awareness of the issues of water supply and contamination in Athens—issues that are becoming increasingly important.



Ben Emanuel looks at Trail Creek, July 2011.
(Photo by Richard Hamm, courtesy Athens Banner Herald)

SHRI SWAMINARAYAN HINDU MANIR (TEMPLE)**Tour Coordinator:** Mony Abrol**Date:** November 1**Cost:** \$60 (includes lunch)**Registration deadline:** October 17**Contact person:** Bill Alworthwilo59@charter.net or 706 549-5510)

Mony Abrol, teacher of the OLLI course "India: 5000 Years," is organizing a motorcoach trip to the BAPS Hindu temple in Lilburn, Georgia. This Hindu Temple is the sixth BAPS traditional stone temple built outside of India and the largest Hindu temple of its kind outside of India. It was sanctified in 2007 by the guru Pramaky Swami Maharaj. The edifice is built out of more than 4,500 tons of Italian Carrara marble, 4,300 tons of Turkish limestone, and 3,500 tons of Indian pink sandstone. The building has been compared to the Taj Mahal.

Participants will be led on conducted tours of the temple and will be able to observe a daily Hindu ritual. No photography is permitted on the podium level or inside the temple, but there will be an opportunity to ask questions in the Visitors' Center after the tour. Then the bus will take us to a nearby Indian restaurant where we will enjoy a buffet featuring traditional Indian foods. (Lunch is included.)

The bus for this trip will depart at 9:00 a.m. from the parking lot at the UGA Girl's Softball Field (Jack Turner Stadium) at 2330 S. Milledge Avenue and return by 3:00 p.m. There will be a short walk from the parking area to the temple, and access to the temple requires climbing a short flight of stairs. Individuals going on this tour are asked to dress modestly—no shorts, cut-offs, short skirts, or sleeveless shirts—and to remove their shoes before entering the temple. Visitors are also asked to bring a can of vegetarian food (check that it does not contain beef or chicken stock) as a donation to the Temple; it will then be donated to the Atlanta Community Food Bank. A cash donation from the entire group will also be made to the temple.

THE CIVIL WAR IN ATLANTA: ATLANTA HISTORY CENTER, CYCLORAMA, MCPHERSON MEMORIAL**Tour Coordinator:** Bill Alworth**Date:** Friday, November 18, 2011**Cost:** \$70**Registration deadline:** November 1**Contact person:** Bill Alworthwilo59@charter.net or 706 549-5510)

In connection with OLLI's courses on Civil War History on November 15 (LEC113) and Nov. 16 (GNRL158), OLLI's Travel/Study Committee is organizing a day trip by motorcoach to the Atlanta History Center on Friday, November 18, 2011. The bus will depart at 8:30 a.m. from the parking lot at the UGA Girl's Softball Field (Jack Turner Stadium) at 2330 S. Milledge Ave. and return by 5:00 p.m. This trip includes admission to the History Center and to the Cyclorama; lunch will be on your own. Much of what we will see focuses on the Battle of Atlanta, fought on July 22, 1864. In this battle Confederate troops made a desperate but unsuccessful attempt to save Atlanta from Sherman's encircling armies. You may remember the portrayal of the aftermath of this battle in the movie *Gone with the Wind*.

At the History Center we will visit its extensive permanent Civil War History exhibition on the four years of the Civil War. We anticipate that its special exhibition on the Battle of Atlanta will also still be available. Participants will then have the option of eating lunch either at the Swan House where the lunches are priced from \$9 to \$15 or at the Chick-Fil-A cafe in the History Center. Next we will go to Grant Park and view the Cyclorama, a huge representation of the Battle of Atlanta. Viewers look at the painting from a tiered platform that rotates slowly to music and sound effects as a narrator describes the battle. The Cyclorama also has a movie and exhibits that place the Battle of Atlanta in the context of Sherman's overall Atlanta campaign. On the way back to Athens from Grant Park we will make a quick stop at the McPherson Memorial, on the site where Union General James B. McPherson was killed on the morning of the Battle of Atlanta. This is one of the few sites in Atlanta where you can still see where the battle was fought.

Both the Atlanta History Center and the Cyclorama building are only short distances from the bus drop-off sites, but participants should expect to be on their feet for one to two hours walking through the exhibitions. A walk of about two blocks is required to get from the Atlanta History Center building to the Swan House. The Cyclorama has a lift available to take people to the upper level where the Cyclorama is located, but some of the exhibits at the Cyclorama are accessible only by a flight of stairs. Persons going on this trip might want to read the new book on the Battle of Atlanta entitled: *The Day Dixie Died: The Battle of Atlanta* by Gary Ecelbarger, (St. Martin's Press, 2010).



Cyclorama detail

*(Photo by Yakingma Robinson, Atlanta Cyclorama)***SPRING 2012**

For next spring, plans are in progress for day trips to more northeast Georgia wineries, to the BMW plant in Spartanburg, and to the Fox Theater to see *Jersey Boys*. Longer trips: On March 5-7, David Dallmeyer will lead a field trip to Jekyll and St. Simons islands in conjunction with his spring semester geology class "Coastal Processes and Conservation: What Will be Left for Future Generations?" In late March, in conjunction with Norman Dasinger, Jr.'s Civil War courses, there will be a trip to Chattanooga-area Civil War battle fields. And in conjunction with Smith Wilson's spring course on the Amish, Smith is organizing a six-day trip in May to the Ohio Amish country. The trip will also include a visit to the Rock'n'Roll Hall of Fame in Cleveland and to scenic areas on the shores of Lake Erie. There is a trip to Sapelo Island in the works as well. Details of these trips to come!

MEET YOUR NEW OLLI OFFICERS

Bios revised and sometimes expanded for *The OLLI Times*

President – Mac Rawson

Mac Rawson received his B.S. & M.S. from Auburn University in Zoology/Fisheries Management and his Ph.D. from the Warnell School of Forestry and Natural Resources, The University of Georgia. He served in the Cooperative Extension Service Fisheries Specialist and Marine Extension Service at UGA and Auburn University and was Director of the UGA Sea Grant College Program for 18 years.

His expertise includes marine and freshwater fisheries, aquaculture, aquatic ecosystem-based management and policy. His resume includes many impressive professional activities. He administered over \$22 million in federal funds during his career. He taught Marine Fisheries Biology and Management and was an investigator of the NSF funded project, entitled Values at Sea: Environmental Ethics for Marine Ecosystems and a member of the Environmental Ethics Certificate Program, Water Resources Faculty and Department of Marine Sciences. In 1997, 2000, 2002, and 2004, he was a member of the U.S. delegation to the U.S.-China Joint Coordination Panel on Living Marine Resources; he was a member of similar delegations to Japan and South Korea between 2002 and 2005.

Mac began his association with OLLI's predecessor, Learning in Retirement, almost a decade ago as an instructor in Marine Sciences. After retiring to run for the State Senate, he joined OLLI in 2007 and became President-Elect in 2010. Besides his OLLI activities, Mac serves as the Past-President of the Board at the Sandy Creek Nature Center, INC, is a member of the Kiwanis Club of Athens, volunteers at the Learning Ally (Formerly Reading for the Blind Dyslexic) and Sandy Creek Nature Center and was active on the local Democratic Committee for several years. He is married to Brenda Rawson, whom he describes as "a professional UGA Sports Fan." Their son Doug and his wife Jenny have three children aged eleven, eight, and six.

President-Elect – William (Bill) Alworth

Bill was born in Twin Falls, Idaho in 1939, graduated from Twin Falls High School and Harvard College and received his Ph.D. in chemistry from the University of California, Berkeley. In 1965 he was appointed assistant professor of chemistry at Tulane University in New Orleans. He was a professor at Tulane for the next 40 years, teaching organic chemistry and biochemistry and helping establish Tulane's undergraduate

major in biological chemistry. He also served as department chair, wrote a book on applications of stereochemistry in biochemistry, and carried out research on vitamin biosynthesis and chemical carcinogenesis. He retired in 2005, becoming an emeritus professor. He and Lois, his wife of 51 years, moved to Athens in 2007 to live closer to their two daughters after hurricane Katrina flooded their New Orleans home.

Bill joined LIR soon after moving to Athens and has served as a member of the OLLI Board for the past three years. He has been a member of the OLLI travel/study committee for four years and served the past two years as chair.

He has taught a course for OLLI entitled "Chemoprevention with Dietary Supplements," and this spring he led a book discussion on *The Making of the Atom Bomb* by Richard Rhodes. He takes numerous OLLI courses, often goes to the Met Opera broadcasts, enjoys the Lunch and Learn events, and goes on most OLLI trips, whether to the High Museum in Atlanta or the geological excursions in the West led by Dr. Dallmeyer.

In addition to his participation in OLLI, Bill is active in the St. Gregory the Great Episcopal Church in Athens. He is also a member of the Athens Torch Club, reads once a week at the Reading for the Blind and Dyslexic, and tutors chemistry once a week at Cedar Shoals High School.

Vice President for Programs – Nancy Canolty

Nancy Canolty is an Indiana native with a B.S. and M.S. from Purdue University and a Ph.D. from the University of California, Berkeley. In 1980 she joined the University of Georgia faculty in the Department of Foods and Nutrition. Her research interests included mathematical modeling in nutrition and health sciences, the nutritional consequences of lithium therapy, and demographic and socioeconomic modulators of diet-disease relationships. After retiring from UGA in 2004, she co-founded SoloSeniors, an OLLI@UGA Special Interest group that fosters networking among single professionals at least fifty years of age.

She was an OLLI Board member for a year and is now in her second term as VP for Programs. She also serves as co-chair of the Registration Committee and is a member of the Curriculum Committee.

Secretary – Carolyn Abney

Carolyn holds a B.A. in Humanities, M.B.A.s in both Finance and Real Estate, and a Post-Graduate Certificate in Real Estate Investment Analysis. In business, she has owned a real estate company in Atlanta, served as the Information Officer for a company in the high tech industry, and has done database management and training in the cable and satellite TV field.

Carolyn and her husband, Randall, chose Athens as their home in July 2008, after living and working in Europe for fifteen years. The availability of continuing education was a major factor in their decision to locate here. In addition to serving on the OLLI Board since late 2009, Carolyn has volunteered as Class Facilitator, organized the Mac Fanatics Special Interest Group, and served as the Coordinator for all Special Interest Groups. Carolyn also volunteers as a reader for Learning Ally, creating audio recordings for the blind and dyslexic, and as a transcriber for the Hargrett Rare Books Library.

Treasurer – John Songster

John was born in Salt Lake City and grew up in upstate New York. He holds an Electrical Engineering degree from Purdue University and a M.B.A. from the University of Iowa. Upon earning his U. S. Air Force pilot wings in 1962, he flew worldwide military transport missions for five years. John held senior management positions with a Fortune 100 company, formed and headed a small high technology development and manufacturing business for four years and advised smaller Maryland companies concerning business and financial management matters while on the staff of a University of Maryland institute.

He and his wife Nancy retired to Athens in 2004, and he has been a member of LIR/OLLI nearly as long. During that time he has been an enthusiastic advocate of the organization and an involved member, having served on the Board, chaired committees, and presented a class. He is currently an active member of the Development and Finance committees. Since being invited to be a member of the Finance committee in early 2010, John has participated with its leaders and members in formulating many necessary new policies, procedures, and methods for coping with the rapid organizational and budget growth OLLI has experienced. He is keenly familiar with OLLI finances and the issues confronting the group in the immediate future, and is committed to establishing a solid and stable financial base for the organization.

Save the Dates for OLLI

Sept 19	Fall semester classes start at River's Crossing and other locales
Sept 26 - Oct 6	Canadian Rockies Geology Trip (David Dallmeyer)
Oct 13 and 14	Bartram's Georgia Field Trip (Dorinda Dallmeyer)
Oct 20	Water Resources-Athens Trip (Bill Wenner) (rain date 21st)
Oct 29	Halloween Luncheon. Reservations necessary. Details to come.
Nov 1	Hindu Temple Trip (Mony Abrol)
Nov 18	Atlanta Historical Museum Trip (Bill Alworth)
Dec 14	Winter Holiday Party for members and guests 6:00 – 9:00 p.m. at Trumps

Board Meetings

Third Wednesdays at River's Crossing, 1:30 pm

Sept 21 Oct 19 Nov 16 Dec 21

Newsletter Deadlines

Send submissions to patmcalex@gmail.com

Oct Issue Oct 4 (mailed by week of Oct 24)

Jan-Feb Issue Jan 6 (mailed by week of Feb 2)

NEW MEMBERS OF THE BOARD OF DIRECTORS

Helen Epps

A native of South Carolina, Helen received her Ph.D. from the University of Tennessee. She retired from the Department of Textiles, Merchandising and Interiors in 2007, and is Professor Emeritus of Textile Science, a member of the Faculty of Engineering, the author of a widely used textbook on international product standards, and a leader in national and international professional organizations in the field of color science. Since her retirement from UGA, Helen is a part-time litigation consultant on color technology and product performance. She is a member of the OLLI curriculum committee, and is involved in numerous community service organizations. Helen enjoys ballroom dancing, travel, and working on several committees of Northeast Georgia Presbytery.

William (Bill) Loughner

Bill was born in Detroit, graduated from Wayne State, and then went off to the Peace Corps in Afghanistan—back when it was an idyllic and peaceful country. For a few years he taught school and, after getting a masters degree in library science at SUNY Geneseo, came to Athens in 1972. He had a long, but not boring, career at the Science Library at UGA, retiring in 2001. He also has an MA in mathematics from UGA. Bill now takes lots of OLLI courses, is the OLLI historian, and volunteers at the Red Cross. In his spare time he likes to putter around on archaeological digs in the Middle East.

Pat McAlexander

Pat earned her B.A. from the State University of New York at Albany, her M.A. from Columbia University, and her Ph.D. from the University of Wisconsin, Madison. She taught in the English Component of UGA's Division of Academic Enhancement beginning in 1986, and retired as a full professor in 2009. Pat has written articles on American literature and on teaching writing, and is the co-author of two books—*Basic Writing in America* and *Beyond the "SP" Label* ("sp" is the traditional abbreviation English teachers use on student papers for spelling error)—and two textbooks.

She has served on the OLLI Travel Committee for two years, organizing an overnight trip to the Okefenokee in Fall 2010. This past year she enjoyed editing the OLLI newsletter; she thinks she might have been a journalist in another life, having been involved with newspapers or newsletters at various times from grade school on. Her interests also include gardening (she has been a member of the Piedmont Gardeners since 1996) and photography (she is a member of the Picture This! SIG.)

Don Schneider

Don is originally from Philadelphia, PA, lived his early life in New Jersey, received a B.A. in history from Trenton State College (now The College of New Jersey), and his M.A. and Ph.D. from Peabody College (now part of Vanderbilt University) in history and education. He is Professor Emeritus of Social Science Education, the University of Georgia, having been a faculty member and administrator at UGA for over 31 years, serving as department head for Social Science Education, Director of the School of Teacher Education, and Acting Associate Dean for the College of Education.

Prior to coming to UGA in 1968, Don was a history and social studies teacher and subsequently a curriculum supervisor in public schools in New Jersey and Florida. He has held leadership positions in various state, regional and national professional organizations and in his local church as well as in local retiree organizations. He was an AARP Driver Safety Program instructor for ten years. He was married to Marge Schneider, a former Clarke County high school science teacher and department head, who passed away in 2007. He has two children and six grandchildren.

Jay Shinn

Born and reared in Louisiana, Jay has a B.S. from Louisiana Tech and an M.B.A. from Tulane University. After military service as a U.S. Naval Aviator, he flew for Pan Am and then completed the career with Delta Air Lines. Jay has lived in a number of U.S. cities and in Spain. He and Cathi were married nearly thirty years ago in Louisiana, where their daughter was born. From there they moved to the Washington, D.C., area, and then to Watkinsville in 1994.

Jay says that the move to this area was "more serendipitous than intentional" (the actual target was Atlanta), but that being here has been and is a continuing pleasure. Since retirement in 2002, he has "scratched an itch to teach" and taught Business Finance at Athens Technical College and Economics at the Gainesville College, Oconee campus. Since joining LIR/OLLI in 2004, he has served on the Board, on the Curriculum and Long-Range Planning Committees, and with various ad hoc efforts. Jay is also an active member of and volunteer with his church, and with the Food Bank of Northeast Georgia.

In Memoriam
Bertha Dresdan

EXERCISE OPS WITH DR. ELLEN EVANS

By Pat McAlexander

People of the OLLI generation are becoming more aware of the importance of exercise in maintaining a high quality of life. For OLLI@UGA members, this awareness is enhanced by the many courses OLLI is offering and has offered on exercise and health. Our summer course book featured a number of these classes on the front page: Bill Flatt's class on "Weight Control, Energy, Balance, and Physical Fitness," Tom Wittenberg's "Tai Chi Easy," Katie Porter's "Living Well Georgia," and "Ellen Evans's "Physical Activity and Weight Status: Implications for Physical Disability in Older Adults."

This coming year, more classes and programs on physical fitness are being offered by or under the oversight of Dr. Ellen Evans, who came to UGA in August 2010 as an Associate Professor in the Department of Kinesiology (the study of human movement). Dr. Evans is originally from Wisconsin, but spent most of her later childhood in Illinois where she completed her BS and MS degrees. She completed her post-doctoral training at Washington University School of Medicine in St. Louis, and taught nine years at the University of Illinois, Champaign-Urbana. However, she is not new to the South: from 1993 until 1998 she was earning her Ph.D. in Exercise Physiology from UGA. She lives here now with her husband Bill Evans, II, a consultant for database programming; their daughter, Camille, a seventh grader at Oconee Middle School; and their son, Bill,

III, a fourth grader at Colham Ferry Elementary. Dr. Evans says she is happy to return to the kindness and friendliness of the South, and she looks forward to continuing and expanding the programs originally developed and offered by Dr. Elaine Cress, who retired last spring.

As an applied exercise physiologist, Dr. Evans's research is on the importance of exercise and nutrition for optimal body composition and health, with a special focus on aging and women's health. Her enthusiasm for her subject matter is contagious. The students in her summer OLLI class on "Activity, Weight, and Disability" learned a lot about the function of osteoclasts, osteoblasts, and osteocytes (types of bones cells), sarcopenia (age-related loss of muscle mass and strength), and the causes of obesity. They left inspired to eat more protein and get more exercise to improve bone, fat, and lean (muscle) interactions.

This fall, Dr. Evans, with one of her graduate students, Anne O'Brien, is teaching an intergenerational First-Year Odyssey class, "Physical Activity and Successful Aging" to freshman students and OLLI members. This seminar class will include lectures, discussions, pair-share presentations, and writing experiences. In the spring, she and Anne will be teaching an older adult exercise class similar to Dr. Cress's strength-training class.

Dr. Evans oversees two other health-related opportunities that OLLI members might be interested in. One is the Department of Kinesiology Fitness Center (Room 101 K, Ramsey Center), of which she is the director. The Center offers drop-in hours and classes with sessions on strength training, balance training, group stretch, and cardio conditioning throughout the year. Call 706-542-4230 or email ugafitnesscenter@gmail.com for more information. The other is a UGA Department of Kinesiology research project conducted by her doctoral students Anne O'Brien and Lauren Valadez. Women aged 65-100 who consider themselves of "low-moderate physical function" have been needed to participate in this project. Participation involves a two-and-a-half-hour visit to the Fitness Center, where their muscle mass, fat mass, and bone density will be measured by a DXA (dual energy X-ray absorptiometer); they will be given a test of everyday physical function and a non-strenuous measure of leg function; and they will fill out several questionnaires. The reward will be the test results—and thus better understanding of their physical status, the first step to improvement! For more information or to ask about scheduling a visit, call:

706-542-6872 or email aobrien@uga.edu

or lauren.valadez@gmail.com.



Dr. Ellen Evans

Photo by Bill Flatt

MARTHA PHILLIPS WINS PRIZE FOR PHOTO

According to the weather service reports, the snow on December 25, 2010, produced the second white Christmas Athens has experienced since records have been kept. Martha Phillips, a member of OLLI@UGA and the Athens Woman's Club, took this photo the following day. Titled "Christmas Snow Melting on Red Berries," it won First Place in the Georgia Federation of Women's Clubs' "The World in Pictures Photography—Scenic Contest." The award certificate was presented at the April 15-17, 2011 State Convention of the GFWC.



Martha Phillips's "Christmas Snow Melting on Berries"

THANKSGIVING IDEA: Set another place at the table

Thanksgiving is just around the corner. Hard to believe, isn't it? (Didn't we just celebrate 4th of July?) Some of your OLLI friends in the Athens area spend Thanksgiving alone for many reasons—perhaps their families live too far away, maybe they no longer have family members, maybe a family member is ill. Wouldn't you like to set another place or two (or six or any number you would feel good about) at your Thanksgiving dinner table to include some OLLIs? There are many advantages: OLLIs are interesting conversationalists; the OLLIs might contribute new and exceptional dishes to your meal; your grandkids might learn about an unusual occupation; you might meet your new best friend. If you would like to include some OLLIs for Thanksgiving, please email Marti Edwards at mriverwalk@bellsouth.net (or [706-705-1136](tel:706-705-1136)) or Lois Alworth at wilo59@charter.net (or [706-549-5510](tel:706-549-5510)).



Food2kids Program

We are very excited to participate in a food program for the NE Georgia Food Bank again this year. OLLI members donated 57 items (78 lbs) – mostly jars of peanut butter – at the Back to Class Bash for the Food2kids program. Sandy Clark delivered the items to the food bank. Any time that you are near River's Crossing, please donate food for the children. In October we will be donating Ravioli in pop top cans. Several people have volunteered to deliver the food to the food bank – Bill and Lois Alworth, Jean Bleye, Brenda Abdel-Hafez, and Sandy Clark. What a difference this food will make to the children that receive it! Thank you for helping others.