

### OSHER LIFELONG LEARNING INSTITUTE at the University of Georgia

### Volume 8, Number 2, November 2010

### CLASS REGISTRATION CHANGES, "BACK TO CLASS BASH"

We are listening to you. And we are making changes to make registration for Winter 2011 classes better. No more standing in line and being closed out of a class because someone else had their information before you received yours.

The new registration for Winter 2011 will be ONLY by mail. Course catalogs will be mailed on or about December 13 to all members plus everyone on our database who has expressed interest in OLLI@UGA. Everyone will have the same opportunity to sign up for every class, even the ones that close out quickly. So, when you receive your package the week of December 13 – forget the holidays for 30 minutes. Sit down, sign up, and mail in your registration. It is simple, easy and fast.

The classes will be posted on the website prior to December 13; however, the form to register WILL NOT be available until December 14. At that time, you can print the form from the website – www.olli.uga.edu – and mail in your registration. This gives everyone the same opportunity even if your catalog is delayed in the mail. Don't delay – select your classes and mail in your forms the day you fill them out. Class schedules and parking tags will be mailed to everyone.

After the holidays we will have a fun meeting on Monday, January 10, 2011, from 10:00 - 12:00 at Trumps. The event is called "Back to Class Bash." You will be able to sign up for SPECIAL INTEREST GROUPS, learn about the wonderful TRAVEL STUDY program for 2011, and much more. There will be coffee, tea, juice and baked items. Did I mention a great time to SOCIALIZE? See you on January 10<sup>th</sup> at Trumps.

### OFFICIAL NOTICE

There will be a brief meeting of the membership during the "Back to School Bash" that we will have on Monday, 10 January; the meeting will be at 10:30 a.m. The Board of OLLI@UGA recommends that the representative on the OLLI Board from the Washington Affiliate be granted full voting rights. The membership will vote on this recommendation.



### OLLI MEMBERS, FACULTY HONORED

**Carolyn and Randall Abney** – In 2008, the University of Georgia's Grady College of Journalism and Mass Communication initiated the Grady Fellowship to recognize and honor "those whose lives and careers have contributed measurably to the national reputation the college enjoys," according to its Dean, E. Culpepper Clark. Members of the Fellowship are recognized for their accomplishments, friendship, and service to Grady and to the industry.

On November 18 this year, nine new Fellows were inducted, including two of OLLI's own: Randall and Carolyn Abney. Since their arrival in Athens in July 2008, the Abneys have jumped "feet first" not only into OLLI @ UGA, but also into Slow Food Athens, PLACE, Emmanuel Episcopal Church, and the UGA community at large. They have met with Grady students and professors in a variety of settings, as well as judging work for the Grady School's Dean's Horizon Award.

Although Randall can count more than 40 years in the media business, mostly in cable TV and satellite, but also in special effects modifiers for motion picture cameras, and Carolyn tallies more than 20, they still feel they are much too young for "Lifetime Achievement" awards!

**Elaine Cress** – Dr. Elaine Cress, who teaches OLLI's "Strength Training for Older Adults" course, was presented with the 2010 Fred Birchmore Award for Active Aging at the annual Athens Active Aging event August 10. The Birchmore Award honors a resident of the Athens area who practices the principles of active aging and inspires others to be physically and socially active after age 50. Dr. Cress is a retired professor of kinesiology at UGA.



Anita Brannen

## **President's Note**

Dear OLLI Members,

As I sit here composing this, I am thinking about how we have launched into our new school year and everywhere I look, there are members busy with a myriad of different activities. More people are taking classes than ever before. That is because we have more classes than ever. That is because our curriculum committee keeps growing and the number of people offering to present classes keeps growing.

The Travel/Study committee has grown, too, and they are offering, not only more trips, but much more ambitious trips than we have ever offered before. Barney and I took the GeoHazards class and trip to the west coast at the beginning of this semester. What a trip that was! Never would I have thought that I would be passionate about geology. Well, the truth is, I'm not passionate about geology, but I am passionate about learning. Dr. Dallmeyer is an excellent teacher and he is passionate about geology, so his enthusiasm inspires me to open my mind to an area of learning that I would not normally have pursued. I think that opportunity is there for all the trips that we are now offering. There was the trip to Okefenokee and to Elberton. There are a couple of trips in the works for December (page 4). Be watching for those! Then there is the trip to Antarctica in January, to the National Parks in Arizona, Colorado and Utah in April, and a trip to view whales off the coast of Massachusetts in July. Lots of work goes into planning those trips, but what a great way to travel and learn at the same time. These are definitely not your run-of-the-mill sightseeing trips. Also our Special Interest Groups are growing in size and in the number of people willing to start and coordinate groups. I understand that there are more that will be organizing in January (page 6).

Part of the reason that we can nurture and sustain this kind of expansion is because we now have the expertise and stability that can be provided only by our full-time professional staff, Katy and Zu. Katy's responsibilities are divided into three broad areas-support to the Board and its committees, daily operations, and institutional and community relations. In fulfilling these duties, she serves as an ex-officio member of all OLLI committees and is the primary contact between the University and the Institute. Zu uses her technological knowledge and skills to keep up the data-base, work with curriculum planning and registration, assist the Treasurer with financial accounting, and provide technical support for all the committees. With Katy and Zu so busy, we continue to need volunteers! For example, we need help for jobs like folding letters and stuffing envelopes. If you have a couple or three hours from time to time when needed to do these jobs, please let Katy, Zu or Nancy Canolty know. I find it a lot of fun if you can get three of your friends to join you and chat while you work! We also need more people working on registration and more people willing to be facilitators the list goes on.

# OLLI @ UGA

River's Crossing 850 College Station Road Athens, GA 30602-4811 Telephone: 706.542.7715

### **OLLI Website Address:**

www.olli.uga.edu Registration, reservation and membership forms also available on the newsletter page of the website.

### **OLLI Email Address:**

olli@uga.edu

### OLLI Officers 2010-2011

Anita Brannen - President Mac Rawson - President Elect Nancy Canolty - Vice President Sally Bolemon - Secretary Robert Leventry - Treasurer

### **OLLI Board of Directors**

Carolyn Abney Teresa Morris Bill Alworth Martha Phillips Ann Darby Grace Rabek Richard Hargrove Ron Linhart Alexis Winger

**OLLI** Committees

Curriculum: Jeani Goodwin Development: Teresa Morris Finance: John Rudy Historian: William Loughner Information Technology: Chuck Murphy Long Term Planning: Martha Phillips Member Services: Nancy Songster Membership: Keith Moore Nominating: Diana Cerwonka Public Relations: Roland Brooks Publications: Pat McAlexander, Alexis Winger **Registration:** Nancy Canolty Special Interest Groups: Carolyn Abney Strategic Marketing: Randall Abney Travel/Study: Bill Allworth Volunteer Coordinator: Ann Darby

# OLLI MEMBERS ATTEND LIVEABLE COMMUNITIES SYMPOSIUM

The Athens Community Council on Aging (ACCA) and Partners presented the 2010 Livable Communities Symposium at the Athens Holiday Inn on October 18, 2010. There were approximately 150 attendees, including nearly a dozen OLLI@UGA members. The goal of the Symposium was to explore ways to ensure that Athens is a place for all generations to live well and age well. In her opening remarks, Jennie Deese, ACCA President and CEO, emphasized that "we need to prepare all generations so people can maintain dignity and quality of life in their own homes and age in their own community."

The new trend of creating "villages" to serve the changing needs of residents was explored. The President of Boston's Beacon Hill Village, the nation's first such "village," described how that member-driven group was formed in 2001 in order to meet the needs of older adults in that community. Throughout the symposium, all were mindful of how some aspects of the "village" concept could and should be applied in Athens.

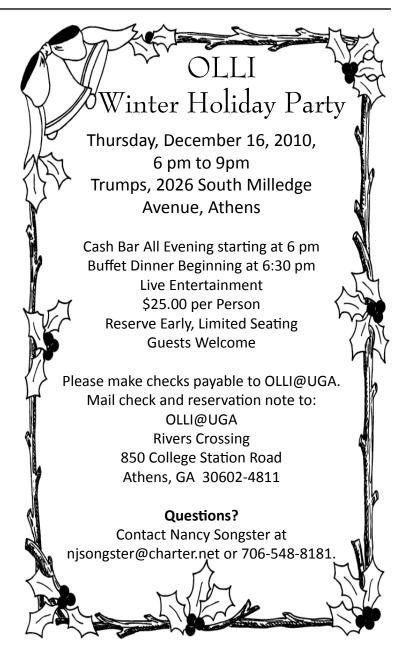
Visit www.accaging.org/livable.php to view the program agenda as well as listings of presenters and the sponsoring partners. Also available for downloading are copies of some of the materials distributed at the symposium.

#### continued from page 2

There is one big change coming up for winter registration. In the past, our big kick-off event for each semester was the onsite registration. Our membership drives were geared toward this event. I was so amazed the first time I actually went to registration instead of just registering by mail to discover that it was really a party - and everyone was there! However, a problem that we continually heard about was that new people would come and join, but then were disappointed to learn that the courses that they were interested in had already been filled. We tried to allay this by offering more courses, but the problem continued.

Thus, beginning with the Winter-Spring Semester 2011, we will have no on-site registration. ALL registration will be by mail (until we get on-line registration). We are putting all of you on notice now - don't wait for "registration day." Our advertising for the new-member drive will be aimed at early December. The advertising will say often and clearly, "Join now so that you can receive your course catalogs at the same time as every other member and have an equal chance to register for the classes you most want to take! Please call the OLLI office or go on-line at www.uga.edu and find out how you can become a member of OLLI and be one of the first to register for the classes in the new semester in January!"

Do not fear - we are still going to have that "welcome back to school kick-off social" that we all enjoy. You will still be able to sign up for Trips and Special Interest Groups at that event (page 1). We are all about learning, but we are about having fun and making friends and enjoying each other's company, too. After all, there will be lots of catching up to do after the holidays!



# OLLI Travel

# OLLI GEOHAZARDS EXCURSION: CALIFORNIA-OREGON-WASHINGTON

#### by Alexis Winger

Pictures by Parley and Alexis Winger

On September 26, a group of twenty-four OLLI students, two geology graduate students (drivers), David Dallmeyer (teacher) and wife Dorinda gathered at the San Francisco airport to begin an exciting nine-day field trip focusing on geological hazards of the West Coast. I was one of the lucky participants. The trip followed a week-long OLLI class in Athens in which we learned about such hazards as earthquakes, volcanoes, and tsunamis and discussed the role of plate tectonics, subduction, and divergence. The trip was designed to extend and reinforce the learning process begun in class.

We visited the San Andreas Fault near San Francisco and examined the volcanoes of the Cascade Range: Lassen Volcanic National Park, Medicine Lake Volcano/Lava Beds national Monument, Mount Mazama/Crater Lake National Park, and Mount St, Helens National Monument. We worked our way up the coast of California and Oregon, stopping at many sites preselected by David to illustrate what we had learned in his class. In the process we got to experience the spectacular, the beautiful, and the amazing. We stood on magnificent cliffs high above the Pacific Ocean to watch beautiful fog-shrouded beaches turn to brilliant shades of blue rolling surf. We straddled the San Andreas Fault and walked beaches to witness erosion, identify rock and sand composition, and witness formations telling of ancient tsunamic activity. We saw and touched petrified trees felled by a volcanic blast approximately 3.5 million years ago. We saw lava formations and even went underground to walk through amazing lava tubes and to go into a huge sea lion cave formed in the volcanic coastline. Every day held new adventures, way too many to list.

From the course and field trip we developed an appreciation and understanding of what the projected devastating impacts from future earthquakes, volcanic eruptions, and tsunamis in these areas would be. The trip was an invaluable educational experience, but perhaps just as valuable to us all was the opportunity to share the experience with others who have a love of learning and an appreciation for and fascination with the world around us. David Dallmeyer put in an enormous amount of time and energy to make this trip so successful, and his spirit and enthusiasm made us never doubt how worthwhile our journey was.







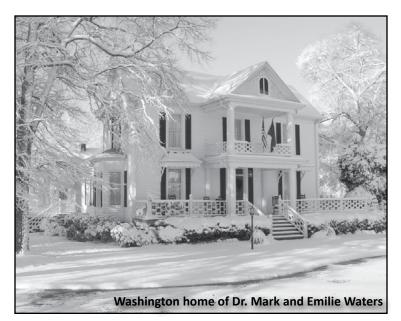
# OLLI Travel

# New Event: OLLI offers carpool to Washington, GA's 2010 Christmas Tour of Homes and Colonial Dinner

The Washington affiliate of Olli@UGA invites us to join them in Washington, GA for the 2010 Christmas Tour of Homes and a Colonial Dinner on December 10 and 11, 2010. The events are:

- Friday, December 10, 5:00 9:00 p.m. A candlelight tour of decorated homes and shopping. Cost: \$35.
- Saturday, December 11, 10:00 a.m. 5:00 p.m. A daytime tour of decorated homes. Cost: \$35.
- Saturday, Dec. 11, 5:30 9:00 p.m. A champagne reception followed (7:00-9:00 p.m.) by a colonial dinner served in one of the decorated antebellum homes. Cost: \$75.

All events both days cost \$100. OLLI members who have attended these events in previous years report they are very enjoyable and worthwhile. For complete information and reservations visit the Washington-Wilkes Historical Foundation Website (www.historyofwilkes.org) and click on Events or call 706-678-5001.



The Travel/Study Committee will coordinate TRAVEL to the events in Washington, GA, on Saturday, December 11 by carpool. If you are interested in attending the tour of decorated homes and/or the colonial dinner on December 11 and would be willing to drive members of OLLI@UGA to these events OR if you need a ride to the December 11 events, contact Bill Alworth at wilo59@charter.net or at 706-549-5510. He will coordinate carpooling arrangements.

### Still Open: Dali, Titian, and Sekaer at the High – December 9, 2010

It is still not too late to sign up for the **Thursday, December 9 OLLI** motorcoach trip to the High Museum to see the exhibits on **Salvador Dali, Titian,** and **Life: Photographs by Peter Sekaer,** showing the effects of the Great Depression in America, especially the South.

The bus will leave from the far eastern section of the parking lot of the Home Depot on Epps Bridge Road (bordering Jennings Mill Parkway) at 9 a.m. and return by 5 p.m. Lunch will be on your own at the museum. The cost of the trip, including bus fare and entrance to the High Museum, will be \$55 per person.

To reserve a place, send a check made out to OLLI@UGA attn: Travel/Study, River's Crossing, 850 College Station Road, Athens, GA 30602-4811. Include your telephone number and e-mail address. Nonmembers who are friends of OLLI@UGA will be welcome on a space available basis. Deadline for receipt of the reservations: November 29. For additional information contact Bill Alworth at 706-549-5510 or at wilo59@charter.net.

### Still Open: Whale Watching, Gloucester, Massachusetts – July 17-22, 2011

A few spaces are also open in the Whale Watching trip to Gloucester, MA July 17-22. Contact Mac Rawson at 706 202-6854 or macrawson@charter.net if you are interested in this unique opportunity.

# OLLI Special Interest Groups (SIGS) News

**Note from Carolyn Abney** – OLLI @ UGA has a wonderful array of SIGs for members to choose from, and we are eager to continue to add more. For a group to form, we first need a Champion—someone who doesn't just say, "It would be nice to have a group that XXX," but who says, "I will organize a group to XXX." Other criteria for a new SIG are that it fits within our core values as expressed in our mission statement, that the need or interest is not already being filled within the community such that starting an OLLI group would hurt the existing group, and that the proposed SIG not present an insurance risk.

As your Chair for Special interest Groups (SIGs), I am excited to preview four new SIGs starting this winter. Iris Miracle is the Champion for the Happy Hikers. Hermann Kosak is organizing a group of (Visual) Arts Appreciationists. And Marti Edwards has offered to set up groups of eight OLLI members who want to cook and eat together from time to time. The fourth group, the Cinephiles, has someone who will maintain its database and send out emails, but still needs someone to act as the Champion. Details on these four groups are below.

If you have an idea for a group you would like to Champion OR if you would chair or co-chair the cinema group, please let me know at CCAbney@gmail.com or call my mobile, 404-457-7444.

### **New SIGS**

#### Supper Club

Attention, Cooks and Cook-wanna'be's! Do you clip recipes, file them away, never again to see the light of day because you have no one to experiment on? Do you have dozens of cookbooks that you read as novels? Then join the newest "Supper Club" Special Interest Group. We'll try four couples in a group (will have as many groups as needed and rotate), meet once a month or once a quarter - whatever seems to work - at a member's home. We either can have the host cook the entire meal of his/ her choice, or the host can choose a theme and assign a dish to each member. Just don't be intimidated because you're not "gourmet." The idea is to get together with others who like to play in the kitchen and who like to eat and socialize. Sign up now but we'll wait until January to start getting together.

Champion: Marti Edwards, 706-705-1136, mriverwalk@bellsouth.net

#### **Happy Hikers**

If you love the great outdoors and hiking is a passion or an interest, then you will want to join this group. Hikes will be planned, short and long, easy to challenging, for fitness, fun and enjoyment of the marvels of nature. You can pick and choose as each hike is planned. We will begin by taking one hike a month, working up to more, if there is enough interest. There are many great hiking trails in and around Athens, but we may plan a few hikes in the N. GA area. If there is enough interest, as we progress, we can also plan to go out of GA to nearby states.

Come along, join this interest group and have fun while getting healthy exercise and enjoying the great outdoors.

Champion: Iris Miracle, 706-353-6711, irismy5@yahoo.com

### (Visual) Arts Appreciationists

Much has been written and said about the meaning of the arts, their origin, and history. Philosophers and many educators agree that the appreciation of art enriches life. With this new Special Interest Group, members of OLLI @ UGA will have an opportunity to meet from time to time to discuss their interests, exchange ideas and explore aspects of art that can lead to a greater appreciation. Together we can plan talks given by professionals; enjoy recommended readings, movies or slide shows about certain artists and their work; and go to galleries or museums as a group.

#### Champion: Hermann Kosak, 706 227 9685, artistden@att.net

#### Athens Cinephiles

Athens Cinephiles SIG will consist of movie lovers from the Athens area who enjoy watching high-quality films (with an emphasis on foreign, independent, classic and documentary films) with like-minded individuals.

Movies help connect people and provide a medium that helps strangers become kindred spirits and gives friends common

ground on which to exchange opinions, passion and wit. At their very best, films can serve as a language that tells us things about ourselves and each other that we might not otherwise realize.

Programming will be provided by a variety of commercial and non-commercial sources including Beechwood & Carmike Cinemas & Cine, Athens Area Public Library, and UGA (Tate Student Center, Latin American & Women's Studies Film Series, the Ga. Museum of Art, Annual French Film Series, the Lamar Dodd School of Art), and Robert Osborne's annual Classic Film Festival.

**Champion: Position Open!** We need a Champion for this group! There is lots of interest in attending the movies, and there is someone who will do the "grunt work" of maintaining the database and sending out the emails. But no one has AS YET come forward to organize the events. Are you that person?

Contact Carolyn Abney, 706.850.6148, CCAbney@gmail.com

### **Other SIG News**

### **Mac Fanatics**

#### To: Members of Mac Group and Potential Members From: Jim Kradel

Hello to the MAC group and all those who are thinking about joining. My name is Jim Kradel. I have met some of you and am looking forward to the opportunity of meeting the others. Carolyn Abney has asked me to be a part in working with all of you as we together work at honing our skills with our Macs.

I will confess up front that my life with computers started out with a Commodore 64 and then migrated to IBMs when good old DOS (the "disk operating system") was the rage. My wife recently acquired an IMac so we are learning together. As we progress we are excited about learning together with each of the Mac SIG members (and those who will join) as we become competent users together. I have been in touch with the Apple representatives at PeachMac and Best Buy about what they can offer. I'm sure you know they conduct a variety of free programs at their respective places of business. In the meantime it is possible that they may be able to tailor programs to meet some of our needs. That will likely not happen until the beginning of the year.

Should you have any questions or an interest in joining our group, please get in touch with me at:

jkradel@gmail.com or 706-410-1958

### **Bicycling for Fitness and Fun**

Now in its 4<sup>th</sup> year the Bicycling for Fun and Fitness interest group is enjoying a resurgence. OLLI new member growth has produced quite a few rider wannabes and a number who have actually ventured out for rides since the turn to cooler weather. Some of the new OLLI bikers are Marti Edwards, David Block, Becky Ford, Bill Loughner, Brenda Rozek, Jana Murph, The Gatchellls, Joan Sykes, Warren Brown, Lois and Ted Brown, Ann Winger and Steve Henley. About a dozen or so "regulars" dating back to the early years continue to come out to keep in shape, enjoy the company of the group and assist those becoming familiar once again with the joys and benefits of a bike.



One of our enthusiastic regulars – once a wannabe – is Sally Bolemon, who seems always torn between riding and some other priority. Yet, she is a great example, though not the only one, of how fitness and fun go together. She has built her cycling stamina and endurance to a level where she has competed in several "sprint triathlons" and this October ran the inaugural Athens Half Marathon. See picture above of her climbing the hill on East Broad Street to the finish line downtown.

Nice fall weather is such a bonus to the cycling experience. The North Oconee Greenway provides a picturesque and safe pathway for riders of all levels and is often the starting route for the group. If you have the idea that biking would suit your desire to be more active, send an e-mail or call John Songster:

john.songster483@charter.net or 706-548-8181

# OLLI NEWBEE FIESTA SOCIAL AT TRUMPS SEPTEMBER 23







# SAVE THIS DATE:

Monday, January 10, 2010, 10 am to Noon for the "Back to Class Bash," An OLLI social event for members and guests at Trumps on South Milledge.

# OTHER OLLI NEWS

### Winter/Spring 2011 Course Book

The Winter/Spring 2011 Course Book is scheduled to be mailed the week of December 13. As soon as you choose among the 80+ offerings, make sure you quickly get your registration material in the mail. Your prompt attention is warranted since classes fill quickly. Remember that beginning this year, OLLI@UGA will no longer offer the option of walk-in registration.

Attention OLLI class takers: We need your help in keeping the classes running smoothly. Please sign up to be a class facilitator for one or more of the classes you plan to take in the winter/spring semester. Contact Ann Crowley at ann.crowley@charter.net. When you sign up for classes for 2<sup>nd</sup> semester, you can volunteer to be a facilitator by writing "facilitator" by the class. The job is getting easier thanks to Survey Monkey.

### **Newsletter Schedule**

The next newsletter will be mailed the week of February 14. Stories and pictures for this issue should be mailed to Pat McAlexander at patmcalex@gmail.com by January 12, 2011.

### Correction

The caption of the picture of photographer-hikers in the September OLLI newsletter, p. 7, should have read: Lew Frazar, Barbara Densen, Clairelis Baxter, Cindi Ross, Jim Jenkins, June Mazur, and Jeff Engel.

# NEW MAGAZINE FEATURES ARTICLE ON OLLI

OLLI is featured in a new magazine, *Georgia Connector*, which hits newsstands with its first issue on December 1. Highlighting the people and communities of Jasper, Newton, Morgan, Greene, Walton, Oconee, Clarke, Oglethorpe, Barrow, Jackson, Madison, and Elbert counties, this magazine seeks to tell the stories of these areas by including county profiles and descriptions of community activities.

Publisher Kenny Smiley is excited about what *Georgia Connector* can bring to its readers. "I want to make this

magazine Georgia's premier regional quarterly magazine," states Smiley. "In connecting with all the people and communities in this Region, we will produce a product that everyone will feel a part of, and we are excited to be able to feature OLLI in our inaugural issue." The article on OLLI describes OLLI classes from Tai Chi to French, along with OLLI faculty and students, and shows that one is never too old to learn.

Pick up your issue at OLLI on December 1.