OLLI@UGA WiseMEN Shared Interest Group

OLLI@UGA WiseMEN Shared Interest Group (SIG) consists of small groups of 8-12 men that meet every two weeks to discuss common issues and challenges faced by men living in retirement, to share each others’ knowledge and expertise on a range of topics, and to socialize in an informal environment. Men bond through open and frank discussion, social engagement, and working together for positive health/well-being.

Our Bottom Line: To enhance the health, well-being and lifestyle of retired men through friendships and learning from each other. Confidentiality is standard practice.

Groups will be small, (about 8-12 per group), allowing for discussion and engagement by all attending. Peter Balsamo will serve as the moderator for the WiseMEN SIG and work closely with the facilitator of each group.

Additional Info:

The OLLI@UGA WiseMEN SIG is modeled after the highly successful OLLI@UNC-Asheville Men’s Wisdom Works SIG that has been operation for almost 10 years. This OLLI@UNCA SIG now has 15 distinct groups consisting of at least eight men in each group.
http://www.mwwasheville.com/index.html

In addition, OLLI@UGA WiseMEN SIG will also utilize the guidelines of the long-established OM:NI program in Australia (Older Men: New Ideas) that “aims to enhance the health, wellbeing and lifestyle of older men.” http://cotavic.org.au/programs-events/omni/

To Join the SIG:

olli.uga.edu > OLLI@UGA Members button (top right)
Select OLLI Community and enter your login credentials
Select Join a SIG from the top menu
Locate WiseMEN from the list and select the Green “Plus” Sign
Confirm your interest in joining the group