OLLI MEMBERS VOTE FOR TWO CHANGES TO BYLAWS

The Back-to-School Bash held January 21, included a short business meeting during which OLLI members voted to accept the following:

- A reworded mission statement. The new statement reads, “OLL@UGA is dedicated to meeting the intellectual, social, and cultural needs of mature adults through lifelong learning.” This reworded statement was composed in the first OLLI Strategic Planning Session, moderated by Dr. Laura Bierema. After much consideration, a group of all officers, Board members, and committee chairs came to a consensus on this statement.

- A change to the makeup of the OLLI Board. A representative from the affiliate (Washington) chapter of OLLI will now be an official voting Board member. Thus the revised bylaws read: “A Board of Directors . . . shall consist of 10 Directors from the membership of OLLI @UGA, the 5 officers of the organization, and one representative designated by each affiliate chapter.” OLLI has long had a representative from the Washington chapter as an ex officio member of the board. Since the relationship between OLLI@UGA and the Washington chapter of OLLI@UGA has grown and developed in many ways, the Board felt that the Washington representative should have an official say in the proceedings of the organization.

BILL FLATT FEATURED IN UGA FOUNDATION ANNUAL REPORT

Dr. Bill Flatt, 79, retired UGA administrator and teacher and OLLI Vice President 2008-2009, was recently featured in a Faculty Profile in the UGA Foundation Annual Report (2010). The article states, “It’s difficult to believe that Dr. Flatt has managed to fit everything he has done into a single lifetime.”

Bill Flatt earned his undergraduate degree from the University of Tennessee and his Ph.D. from Cornell. He was conducting research with the USDA in Beltsville, Maryland in 1969 when he was recruited to come to UGA as the head of the Animal and Dairy Science Department. After one year he was appointed director of the Georgia Agricultural Experiment Stations, a role in which he convinced then-governor Jimmy Carter not to cut funding for the state’s research stations but to increase it. From 1981 to 1994 Bill served as dean of the College of Agriculture. He stepped down from that position to spend more time with his wife, June, a quadriplegic suffering from Guillain-Barre Syndrome. Returning to teaching, he was named D. W. Brooks Distinguished Professor in the UGA Foods and Nutrition Department and the Animal and Dairy Sciences Department. He retired in 1999 but has continued to give

NOTICE

Thanks to everyone who contributed to this newsletter! Material for the next OLLI newsletter is due February 14. This issue will be mailed to members the week of March 14 or March 21. Send stories and pictures (specify photo credits you want included) to patmcalex@gmail.com.

continued on page 11
President’s Note
Dear OLLI Members,

As I sit here at my computer thinking: “What should I write about?” I remember the pleasure of walking into the Newbie Reception last Friday and seeing that crowd of happy faces chattering away. The room was very full and even though many of the people were brand new, no one seemed to be reticent about reaching out and meeting new people. Throughout the afternoon, everyone seemed to me to be having a very good time. That seems to be typical of all of our get togethers, whether a class, a trip, or the Holiday party. When we were a very small group, that would not be surprising, but now that we are well over 600 members, I think it is very significant. I think that we are truly meeting a need.

In preparation for speaking to other groups about OLLI, I recently read the account of a study called The Blue Zones. This study was originally sponsored by National Geographic. Demographics had shown that there were a few small areas around the world—Sardinia, Okinawa, Loma Linda, CA, and Costa Rica—where there were an extraordinary number of people who were living healthy, happy, productive lives to 100 years old and well beyond. The creators of the study decided to investigate and find out if there were some common traits that would explain this. As you would expect, they found that in these rural areas, the people tended to work outdoors throughout their lives. Their diets were essentially simple with little meat and lots of vegetables and legumes—so, good diet and plenty of exercise. The other two primary characteristics about their lifestyles were more pertinent for the mission of OLLI. 1) They had purpose in their lives. Their regular chores and tasks kept their minds busy with planning and activity. 2) They had close and lasting social relationships. Most of them had family around them. Many of them were active in their churches and they met regularly with friends with whom they had common interests. They laughed. They felt valued and they had fun. The University of Georgia has been conducting a similar study throughout Georgia and the United States, and their findings are very similar. Our American lifestyle makes it more difficult to practice these principles, however. We are surrounded by a culture which promotes processed and fast food and is often typified by a physically inactive lifestyle. Loma Linda, CA, which is portrayed in this study, happens to have a large community of Seventh Day Adventists, who believe that healthy living is an important tenet of their faith. We aren’t born into the lifestyle more typical in this study. We have to individually and purposely choose a healthy diet and exercise.

OLLI can be very important in helping us achieve the other principles in this formula for living a long and healthy life. At OLLI we provide classes, trips and activities that keep our minds engaged and our learning expanding. Perhaps even more important, we are finding people with whom we have much in common. People that share a special age group, that share many life experiences, and that share some of our interests. People that are accepting

continued on page 11
The Osher Foundation has approved OLLI@UGA’s request for a third $100,000 grant. Osher specifically recognized the quality of the OLLI program and the dedication of its “exceptional” volunteers. It also recognized the commitment and generous support that OLLI is getting from the University of Georgia through the College of Education.

All of this $100,000 grant, like the grant received last January, will be dedicated to meeting OLLI’s employment obligations for its new Program Director, Katy, and its Administrative Assistant, Zu.

In addition, the Osher Foundation sent the application for the $1 million endowment gift for which OLLI may apply next fall. This endowment would work differently from the grants: it could not be spent directly. While it would go into the Arch Foundation at the University (as the grants have), it would become part of the funds that the Arch Foundation invests and manages. The interest earned on the money would be dedicated to the use and benefit of OLLI@UGA (LIR, Inc.). According to the agreement between the University of Georgia and the Osher Foundation, the University could not charge OLLI for investing that money. Also the University could not retain any residual of the unspent interest at the end of the year, but would roll it into the principal for further investment.

The Osher Foundation recognizes that if OLLI is granted the endowment, it would receive little or no money in the first year since the endowment would be newly invested. Thus, if Osher gives the endowment, it will also give a $50,000 bridge grant for current expenses.

Even if OLLI receives the million dollar endowment from the Osher Foundation and the $50,000 grant, a part of the fees and contributions collected from members will have to be designated for Katy and Zu’s salaries. The Finance Committee, the Development Committee, and the Board are actively planning how to accommodate these demands through efficiency and development while continuing to offer a quality program at affordable prices.

### OLLI MEMBERSHIP CHART

**as of December 7, 2010**

**Total membership: 603**

- Oconee: 16%
- Clarke: 19%
- Walton: 10%
- Barrow: 2%
- Telfair: 1%
- Newton: 0%
- Oglethorpe: 1%
- McCormick: 0%
- Morgan: 0%
- Madison: 3%
- Jackson: 2%
- Green: 0%
- Sulton: 0%
- Elbert: 1%
- Newton: 0%

**Membership Demographic**

### NOMINATIONS FOR OLLI OFFICERS, BOARD, AND NOMINATING COMMITTEE REQUESTED

Mac Rawson, as President-Elect, will move up to be President of OLLI as of July 1, 2011. All other OLLI officers for next year (President-Elect, Vice President, Secretary, Treasurer), as well as five Board members and all members of the Nominating Committee, will be elected at the Annual OLLI Meeting this spring. If you are interested in serving in one of these positions or if you have suggestions for nominees, please contact one of the Nomination Committee members listed below by March 15:

- Diana Cerwonka, Chair drcerwonka@bellsouth.net 706 543-7780
- Barney Brannen anitabarney@charter.net 706 614-6921
- Kathy Gratzek kgratzek@charter.net 706 548-7012
- Al Ike alike@uga.edu 706 548-7636
- Mac Rawson macrawson@charter.net 706 207-6359
APRIL 19-20: CALLAWAY GARDENS AND WARM SPRINGS

The OLLI@UGA Travel Committee is offering an overnight trip by coach to beautiful Callaway Gardens and FDR’s Warm Springs Institute and the Little White House, Tuesday, April 19 – Wednesday, April 20. The coach has a bathroom, and beverages and snacks will be provided during the trip. We will leave Home Depot (next to the road, near the display of outdoor storage buildings) at 8:30.

Our first stop will be in Pine Mountain, where you will have some time to poke into some of their shops and have lunch at one of their many restaurants on your own. Originally named Chipley, the town began in 1882 when the railroad spread to Pine Mountain from Columbus. At 1:30 we’ll board the bus and continue on to nearby Callaway Gardens, created to provide a beautiful, natural setting for education and recreational pursuits. The gardens that Cason Callaway opened to the public in 1952 have blossomed into an exclusive retreat with stunning floral displays year-round. We will visit the chapel, butterfly center, a glass-enclosed tropical conservatory home to 1,000 butterflies; the azalea bowl; the 7.5 acre vegetable garden where PBS films “The Victory Garden”; the Horticultural center, a garden/greenhouse covering 20,000 square feet; and tour the 2 ½ mile gardens with an interpretive guide on the bus. Callaway Gardens is especially known for its many azaleas, which we hope to see at their finest. The afternoon tour will last around 3 hours. The evening dinner will be part of the tour package.

In the morning after breakfast, also part of the tour, we will be heading for nearby Warm Springs at 9:00 am. We will be touring Franklin Delano Roosevelt’s Little White House, which has a museum containing many items given him when he was President, his specially-equipped cars so that he could drive, and other historical items associated with the 1930s and early 40s. The six-room Little White House, casual in style and furnishings, reflects FDR’s desire to rest and be comfortable during his visits to Warm Springs. With its easy chairs, mementos and paintings, the house still looks much like it did the day he died there—April 12, 1945. Other features of the Little White House include the Memorial Fountain, fed by the water of the nearby springs, and the walk of the States, an ornamental walkway made of stones and flags from the 50 states. There is a short woody walk to the “Little White House” and the few secondary buildings, which we can tour as well.

Then we will leave the Little White House for the village of Warm Springs. There we will make a quick stop at the pool that FDR found so beneficial in 1924 that he bought the compound so that he and other polio patients could receive therapy in the warm waters. Lunch will be held at the popular Southern restaurant in Warm Springs, the Bulloch House. After our lunch, which is part of the tour, we can help walk off the calories in an hour-long walking tour of the Warm Springs Institute for Rehabilitation, where Franklin Delano came for treatments for his paralysis. His much publicized improvement here urged other polio victims to come to Warm Springs, and in 1927 he founded the Georgia Warm Springs Foundation for polio research. The foundation later became the Roosevelt Warm Springs Institute for Rehabilitation, which has grown from a facility for polio patients to a comprehensive medical and vocational rehabilitation facility for people with different types of disabilities. In the spirit of its founder, the Roosevelt Institute continues its mission to “empower individuals with disabilities to achieve personal independence.” A recent addition is a fully-accessible recreation building complete with basketball court.

After this tour, we will board the bus for our return trip to Athens, arriving by approximately 7:00.
PHYSICAL REQUIREMENTS: At Callaway Gardens, the bus will pick up a tour guide, but we will get out of the bus to see the several points at each stop. For the rest of the tour, there is also some walking, although arrangements can be made to sit out the Warm Springs Institute tour, and there are wheelchairs available at the Little White House.

COST: Cost per person with shared room: $215. Cost with individual room: $268. We will try to pair people who want to share a room. Dinner, breakfast, and Wednesday's lunch as well as entrance fees are included in this cost. Lunch at Pine Mountain restaurant of your choice is on your own.

DEADLINE: March 28. Trip limited to 30 people.
Questions? Contact Marilynn Smith
Marilynn_smith@hotmail.com or 706-354-1028

Other Upcoming Trips

MARCH 11: CONFEDERATE HISTORY IN WASHINGTON, GA.

OLLI is offering a carpool trip to Washington, GA to visit Robert Toombs’ house and the Washington-Wilkes Historic Museum. This is a travel/study trip offered in conjunction with Mark Waters’ two courses this spring: the Confederate Treasury, The Final Disposition (#1316 ) and The Midnight Raid a Chennault (#1355). While this excursion is designed to complement these courses, others besides class members are welcome.

We will leave by carpool for the Robert Toombs house at 9:30 a.m. from the Eastern side of the Carmike 12 Movie Theatre parking lot at 1575 Lexington Road. Mark will join us in Washington to show us two sites in the story of the stolen Confederate gold: the bank (a replica of the original) where the Treasury was captured by the Union forces and the Chennault plantation, where (part of) the Confederate Treasury was stolen. We will have a catered lunch in the Robert Toombs house and return by 3:00 p.m.

COST: Total cost, excluding the cost of sharing the expense of gas for the carpool, will be $20. Send $20 with your reservation form by March 1, 2011 to allow reservations for the lunch at the Robert Toombs house. If you are willing to drive a car to Washington for this trip, please indicate that information on your trip registration form.
Questions? Contact Bill Alworth
706 549-5510 or wil059@charter.net

SEPTEMBER 26 - OCTOBER 5: A GEOLOGIC TRANSECT OF THE CANADIAN ROCKIES—EDMONTON-REVELSTOKE-CALGARY

This geologic transect of the Canadian Rockies will be led by David Dallmeyer, Geology Professor Emeritus at UGA. Participants will assemble in Edmonton, Canada, the evening of September 26. The excursion will terminate the evening of October 5 in Calgary, Canada. The trip will explore the geologic evolution and glaciation of the Canadian Rocky Mountains and tour the Front and Main Ranges in western Alberta and eastern British Columbia. The excursion will visit six Canadian National Parks (Banff, Jasper, Kootenay, Yoho, Glacier and Mt. Revelstoke) and numerous provincial parks. Destinations include the Columbia Ice Field, Athabasca Glacier, Athabasca Falls, Jasper, Lake Louise, Banff, Radium Hot Springs, Revelstoke and Cranbrook. Several internationally significant fossil localities will be explored. The economic history of the region will be investigated and several mine sites examined, including an underground rail tour in Kimberley, British Columbia.

Travel will be with vans and stops will visit overlooks and roadside geologic exposures. Participants must be able to get in and out of vans with the aid of steps, handle their own luggage, climb a limited height of stairs, stand for up to an hour and be able to walk over uneven surfaces for up to 300 feet.

continued on page 6
COST: There is a registration fee of $700 dollars per person for this trip. This will cover the costs of the van rental, fuel, and staff travel. The registration fee does not include participant airfare, lodging, meals, and park entrance fees. The region is a very popular tourist destination and therefore advanced planning is required to arrange accommodations and vehicle rental. An initial, non-refundable deposit of $350 per person is required prior to April 1, 2011 in order to secure a position on the trip. It is strongly recommended that you register for an associated OLLI course, “Plate Tectonics and the Evolution of the Canadian Cordillera” to be taught September 19-23. (This course will be announced in the Fall OLLI Course Catalogue.) For additional information and a list of itinerary details, contact Dr. David Dallmeyer (dallmeyr@uga.edu).

SUCCESSFUL OLLI TRIP TO THE OKEFENOKEE

A capacity number of OLLI members took the trip to the Hofwyl-Broadfield Plantation and the Okefenokee Swamp November 4-5, 2010. The first day, when we traveled along Georgia’s designated scenic Route 15 and visited the Hofwyl-Broadfield plantation, the weather was rainy, but the trip was enjoyable and interesting anyway. The next day, when we visited the swamp, was perfect—sunny and cool. There were no bugs, the scenery was beautiful, and we spotted many birds and sleepy alligators sunning. We walked the Boardwalk that runs three-fourths of a mile through the swamp, passed through groves of Spanish-moss-covered trees, and climbed the 50’ Observation Tower for views of Chesser Prairie and Seagrove Lake. We also had a picnic lunch at Okefenokee Adventures and a boat ride into the swamp via the Suwannee Canal (a project undertaken in the late 1800’s with the goal of draining the swamp and logging it). All this, and we returned home by 8:15 p.m.—actually ahead of schedule—with many images of water, gold and green landscapes, and wildlife to remember.

Save the dates below and check the OLLI website, email, and the next newsletter for details on these trips now being planned:

MAY 18: Carpool trip to Milledgeville to visit Andalusia Farm, the home of Flannery O’Conner. This travel/study trip is being offered in conjunction with the course Sarah Gordon is offering this spring on Flannery O’Conner (#1327). It should be of interest, however, to individuals who aren’t taking the course (or who couldn’t get it!). We will also visit the Old State Capital and the Old Governor’s Mansion in Milledgeville on this trip.

   COST to be announced. Contact Bill Alworth at 706-549-5510 or wilo59@charter.net.

JUNE 9: Georgia Mountain Winery Day Trip. Travelling by coach, we will visit Wolf Mountains Vineyard and Winery, Frogtown Cellars, and Blackstock Vineyards and Nursery, with a lunch and tour of one of the wineries and tastings at each.

   COST will be approximately $95. Contact Joan Zitzelman at 706 546-6345 or jzitzel@bellsouth.net.
TRIP RESERVATION FORMS

designate trip

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For overnight trips, please mark the appropriate statement with X.

- I will share a room with ____________________ [if only one name listed above]
- I would like an individual room
- I am willing to take an individual room, but if possible, pair me with someone.

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For overnight trips, please mark the appropriate statement with X.

- I will share a room with ____________________ [if only one name listed above]
- I would like an individual room
- I am willing to take an individual room, but if possible, pair me with someone.
MahJongg!

Do you already know how, or have you wanted to learn? I love to play, and would love to find fellow fanatics, or future ones. Let’s get together!

Contact Heidi Naylor
alpshv428@aol.com or 706.850.5013

Motorcycle Trips

If you have an interest in doing motorcycle rides, let’s get together. The idea is to start with day trips to some destination near Athens, such as a park, site of historical importance, a scenic area, or just some fun place to visit. Of course a lunch stop at some eatery along the way will be a must for most trips. If we really get ambitious, maybe we can plan a ride to further destinations like the Blue Ridge Parkway this spring.

Contact David Wenner
dwenner@uga.edu or 706.769.6036

Picture This! (Digital Photography)

Picture This! meetings were held in October, November, and January. In October and November, photography techniques and equipment were discussed, and at the January meeting Sarina Roth of Never the Rock Photography in Braselton gave a talk on pet photography. You can view some of her pet portraits at http://www.nevertherock.com/PetPortraits.html.

A popular feature of many Picture This! meetings is the “Members’ Showcase.” This involves three to five of each participating attendee’s pictures being shown on “the big screen.” The photographer gives a brief presentation on his or her pictures, and the “audience” makes comments and suggestions. Some of the pictures are taken with a simple point-and-shoot camera, while others are created with special lenses, filters, and the use of a tripod. Suggested topics are given for each meeting; topics have been sunrises and sunsets, autumn colors, fences, precipitation, “wildcard” (personal choice)—and, appropriately for the January meeting, pets. See three of these “Picture This! Pics,” one below, and two on page 9.

Tentative dates for future meetings, all at 7 p.m.: Feb 15, March 15, April 19, May 17. Watch for details as the dates get closer.

OLLi Supper Club

There’s still time to join the OLLi SUPPER CLUB! We’ll meet once a month or so in groups of eight with a different OLLi host/hostess sharing his/her home each month. Host will decide on the theme and assign a course for each member to contribute.

Contact Marti Edwards
mriverwalk@bellsouth.net or 706.705.1136

Picture This! Pic

“Steam Engine” by Phil Koehler (Cass Scenic Railway, Cass, WV)
Thirteen musicians played holiday favorites, from “Jingle Bells” to “Auld Lang Syne,” in the December performances of the New Horizons Beginning Band and the New Horizons Beginning Orchestra. The performances were held in Athens Central Presbyterian Church on December 6th.

Some musicians, like clarinetist Robert Nicholls, and saxophonist Tom Manley, were picking up instruments they had last played over fifty years ago, always meaning to get back to them one day. Others, like violinists Susanne Warrenfelz and Mary Berry, were fulfilling a lifelong ambition to play a musical instrument.

All thirteen performers had participated in either the fall semester of the New Horizons Band class, under the direction of Wes Kilpatrick, or in the New Horizons Orchestra class under the direction of Laurin Smith. Classes met for an hour and a half each week for ten weeks and were arranged through the University of Georgia Community Music School in co-operation with OLLI.

The philosophy behind New Horizons Music is that “it’s never too late to learn to play a musical instrument.” Professor Roy Ernst at the Eastman School of Music, Rochester, New York, pioneered the idea in 1991. New Horizons ensembles are made up exclusively of musicians over the age of fifty, many never having played a musical instrument before. The concept has grown rapidly and today there are hundreds of programs with over 5000 members worldwide.

Classes, which began January 24th, 2011, cost $120. Participants must buy their own music ($9) and either have or rent their musical instrument. For application forms or further information contact “ugacms@uga.edu” or telephone 706-542-2894. (Also see the OLLI coursebook p. 38.)
SOCIAL EVENTS

The OLLI Christmas Party on December 16 and the Newbie Social on January 7th were successes (see pictures below). Pictures of the Back to School Bash, rescheduled due to the snow, will be in the March newsletter.

In addition to large events like these, OLLI, under the direction of Member Services Chair Nancy Songster, offers smaller special holiday events. For example, over thirty OLLI members attended the New Year’s Day lunch at Rafferty’s and had a great time. Watch for announcements of these smaller holiday events in your email, on the OLLI website, and in future OLLI newsletters.

**OLLI CHRISTMAS PARTY—DECEMBER 16, 2010**

**NEWBIE SOCIAL—JANUARY 7, 2011**

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**In Memoriam**

Geneva “Genny” Faye Griggs Hargrove
1947 - 2010

Ruth Fair Leeb
1939 - 2011
several guest lectures at UGA every year.

Not only has Dr. Flatt been a well-respected researcher in nutrition, an effective administrator, and a well-liked professor, but he has also given generous financial support to the University. Over the past two decades Dr. Flatt has established numerous endowments through the UGA Foundation. In honor of his mother-in-law, who passed away in 1994, he established an endowment to recognize the most outstanding student in the College of Agriculture and in the College of Family and Consumer Sciences; the endowment also provides scholarships in each of those two colleges. Subsequently Dr. Flatt established a scholarship for graduate students in the Department of Foods and Nutrition, and after the death of his wife, he established the Bill and June Flatt Professorship of Foods and Nutrition. His most recent endowment, in dietetics, honors his daughter, Melynda Flatt Reid, who passed away in July 2010.

The article quotes Dr. Flatt: “These endowments not only allow me to honor the memory of my loved ones, but also to support the students and faculty at the University of Georgia”—a place he also clearly loves.

Congratulations, Bill, on all you have done, from OLLI!

Anita
Chuck Murphy’s “Scolding Bluebird” photo won an honorable mention in the Great Backyard Bird Count photo contest, sponsored by the Cornell Lab of Ornithology and National Audubon Society, with Canadian partner Bird Studies Canada and sponsorship from Wild Birds Unlimited. His prize-winning picture can be seen in color at: 


The overall winners are at http://www.birdsource.org/gbbc/2010photowinners. Chuck says to check this site out if you are interested in amateur bird photography.

Chuck is OLLI’s Information Technology Chair, teacher of its popular OLLI photography courses, Champion of the Picture This! SIG group, and an avid photographer of “bugs, birds, and blooms.” Chuck’s displaying some of his favorite images on his new website, www.boywithcamera.com.